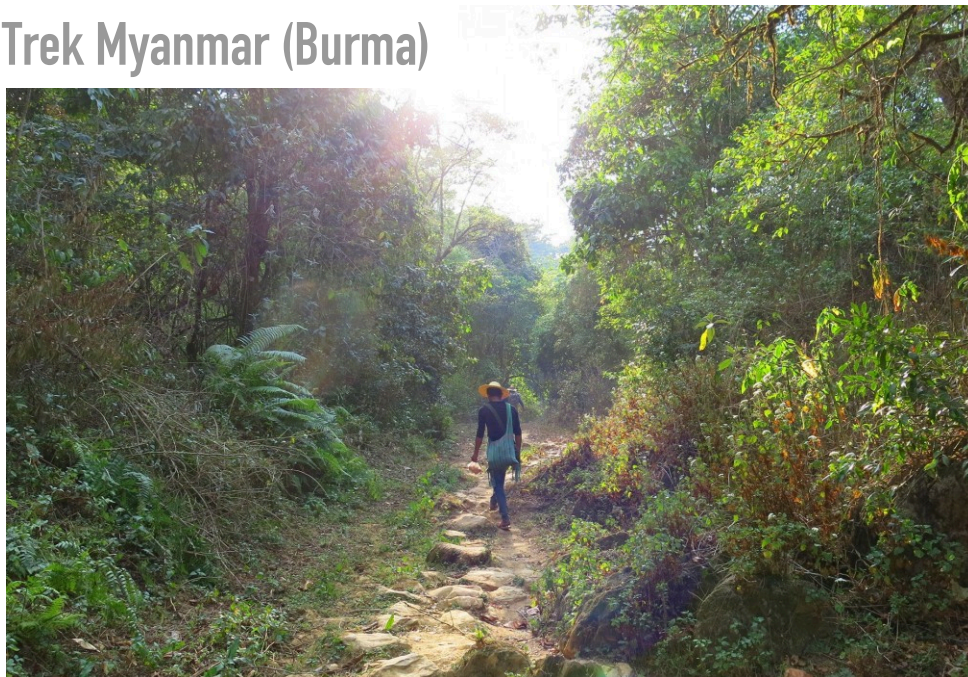


# Trek Myanmar (Burma)



Isolated from modern tourism until very recently, Myanmar (or Burma, as it is still known) is a captivating land rich in natural beauty and culture. Our rewarding trek takes us through the unspoilt tribal highlands of the Shan hills to Lake Inle, one of Burma's most memorable sights.

Our hilly route takes us through jungle, farmland and quiet villages where oxen pull wooden ploughs. Our trek ends at Lake Inle, where boats take us past the remarkable lake villages and floating gardens, and we can witness Inle's unique leg-rowing fishermen, before returning to Yangon and the incredible golden Shwedagon Pagoda.

This is a trip packed with cultural discovery and exceptional trekking, but the main highlight is the chance to experience a country where tourism is still so new.

## DETAILED ITINERARY

### GRADE | CHALLENGING (1)



Trip grades range from Challenging (1) to Extreme (5).

CHALLENGING trips involve full days of activity, and are designed to be challenging for those of good health and fitness, but are achievable for most people with a commitment to training and a can-do attitude.

See [Trip Grading Explained](#).



Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 26 Apr 2024, and the challenge is subject to change.