

## Alzheimer's Society Saharan Mini Adventure



Duration: 5 days

A challenging trek against the backdrop of the awe-inspiring Sahara Desert, this short but adventurous trip offers a bite-sized desert experience.

From flat desert floor scattered with ancient fossils, to perfect wind-blown sand-dunes, this trek is diverse and demanding. The vast, unforgiving desert is a truly beautiful place to discover, while the incredible star-strewn night skies are unforgettable, especially with a new moon.

Accompanied by Berber guides and a small caravan of camels, our remote night-camps with camp-fires and Berber singing are often a real highlight of the trip!

### DETAILED ITINERARY

#### Day 1: Fly London to Ouarzazate

Pronounced 'Wazzazat', this busy town on the edge of the desert, famous for its film studios, lies just south of the High Atlas Mountains. We transfer the short distance to our hotel. Night hotel.

#### Day 2: Ouarzazate – Tazerine – Camp

After an early breakfast, we load our gear into the waiting vehicles and set off for the desert. Our drive takes us over the low mountains of the beautiful Jebel Sarhro and then east, passing the small town of Nekob en-route to characterful Tazerine, a small oasis town. On arrival at our start point, we have lunch while the cameleers load up the camels, then set off through beautiful landscapes of palm trees and small sand dunes. We make camp at the edge of the dunes for the night, enjoying the stunning night skies. Night camp.

**Drive approx. 3 hours; trek approx. 3 hours**

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### Day 3: Desert Trek

The full colour of the landscape erupts as the sun rises. Hot coffee and a good breakfast set us up for a good day's trek. We break camp, load the camels and head off along a dry river, passing through small oases and low sand dunes. The views around us are amazing, with the colourful Jebel Sarhro mountains to the north, and the startling greenery of the palmery threading its way back towards Tazzerine. Leaving the river bed behind, we head out into the desert hills, walking through sand dunes. We pass occasional small tamarisk trees that manage to flourish in this harsh environment, providing a little shade. Continuing through the small dunes, we come to our camp in a sheltered spot among the hills. Night camp.

**Trek approx. 6-8 hours**

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### Day 4: Camp – Taghbalt – Ouarzazate

After another amazing night under the stars we set off on the last section of the route, continuing through the low hills until we emerge in open desert, with inspiring views of the barren mountains around us. The terrain becomes firmer underfoot as we walk over *hamada*, or desert floor, until we reach the small, remote town of Taghbalt. We meet our waiting transport and return to Ouarzazate for an evening of celebrations. Night hotel.

*(Dinner not included)*

**Trek approx. 4 hours; drive approx. 3 hours**

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### Day 5: Depart Ouarzazate for London

An early transfer takes us to the airport, and we fly home.

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## WHAT'S INCLUDED

- Scheduled flights to London - Ouarzazate and all transport
- All accommodation (hotels and camping)
- All meals (exceptions detailed in itinerary)
- Discover Adventure leaders
- Discover Adventure doctor
- Local guides, drivers etc

## WHAT'S EXCLUDED

- Fuel supplement at approximately £80pp
- Meals as detailed in itinerary
- Personal travel insurance (to cover personal injury, cancellation/curtailment, lost items etc)
- Alcoholic drinks
- Sleeping bag

## GRADE | YELLOW

All our trips are designed to provide a challenge. Trips are graded Yellow, Orange or Red, in increasing level of challenge. This trip lies within the **YELLOW** range.



The grade is determined by factors such as terrain, distance, climate, altitude, etc. Each colour grade has a **spectrum** which reflects the difficulty of these factors. Trip duration, accommodation and living conditions are also taken into account. Some sections will feel more challenging than others, but the grade reflects the overall trip. Unusual weather conditions can also have a significant impact.

The Accommodation icon indicates the living conditions while trekking/cycling. While there are usually several factors that present a challenge, the Challenge icon indicates the trip's most challenging element, for most people.

[Trip grading explained](#)



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Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 11 Jul 2025, and the challenge is subject to change.