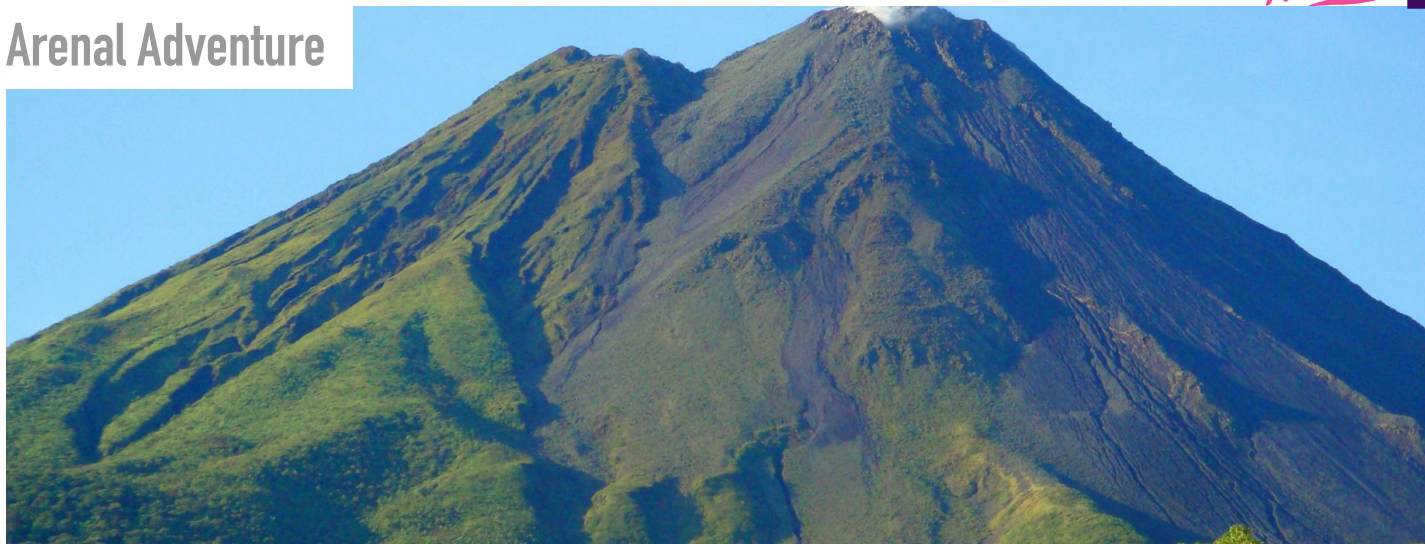


# Arenal Adventure

**DURATION:**

6 days

The perfect cone of the Arenal Volcano is one of the must-see sights of Costa Rica. Thought extinct until 1968, it was until recently the most active volcano in Costa Rica. Though less active since 2010, it is not uncommon to see glowing lava trails on its slopes at night. With the small town of La Fortuna, dominated by the volcano, as your base, you can take advantage of the many activities in the area.

After a hike on the crater's slopes, you can choose how to fill your time – and there are plenty of options! From kayaking to wildlife-spotting trips, canopy tours to relaxing hot springs, there is plenty for everyone.

We then move on to Monteverde, the country's most famous cloudforest reserve and one of the best places to get up close to the treetop canopy – here again you are free to choose your own activities.

**Contact the office for pricing and availability.**

## DETAILED ITINERARY

### Day 1: Drive Cahuita – La Fortuna

*(main group drive to San Jose for onward flight)*

You'll meet your driver for the journey back into central Costa Rica and, after checking into your hotel, you're free to relax or explore the small town. Night hotel.

**Drive approx. 4-5 hours**

*Breakfast included; Lunch and Dinner not included*

### Day 2: Arenal Volcano Hike

This morning you'll head out for a hike on the slopes of Volcan Arenal. It's a relatively easy walk, providing a great orientation to the area, which is so dominated by the volcano. There's a good chance of seeing wildlife such as

monkeys and toucans, and it's a fascinating start to your adventure. You're then free to spend time as you wish: horse-riding, mountain biking, and kayaking on Lake Arenal are just a few of the activities in the area that can be organised – or opt for something more relaxing, such as a visit to the natural hot springs. Night hotel.

*Breakfast provided; Lunch and Dinner not included.*

---

### Day 3: La Fortuna

After breakfast you are free to choose from the many activities available in the area; there are half-day or full-day options in Arenal and the surrounding area, or even a wildlife refuge in wetlands near the Nicaraguan border, if you're interested in something really different. Night hotel.

*Breakfast provided; Lunch and Dinner not included*

---

### Day 4: La Fortuna – Monteverde

One of the most well-known cloudforest reserves in Costa Rica, Monteverde is one of the best places to view the forest canopy – a completely different experience to being on the forest floor! After arrival you'll have the afternoon to take part in an activity of your choice. Monteverde pioneered the forest canopy experiences found throughout Costa Rica, and there are plenty of options from adventurous zip-wires and Tarzan swings to sky tram gondolas and fixed hanging bridges. Other activities include horse-riding, a twilight wildlife-spotting hike, butterfly gardens and plenty more! Night hotel.

**Drive approx. 3 hours**

*Breakfast provided; Lunch and Dinner not included*

---

### Day 5: Monteverde – San Jose; flight departs

Drive back to San Jose's international airport (approx. 3 hours) for your flight home.

*Breakfast provided; Lunch and Dinner not included*

---

### Day 6: Arrive London

---

## WHAT'S INCLUDED?

- Transportation between destinations and airport transfer
- Accommodation in a comfortable, well-located 3\* hotel / lodge on twinshare, B&B basis
- Breakfast each day at hotel / lodge
- Hike on Arenal Volcano with local guide(s) and park fees

## WHAT'S NOT INCLUDED?

- Meals where indicated on itinerary (lunches and dinners)
- Optional activities and excursions
- Personal spending, tips for guides at your discretion, extra food, drinks, or optional services

Extension requires a minimum of 4 people. To operate this for 2 or 3 people a supplement of £150pp will be payable.



Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 12 Mar 2026, and the challenge is subject to change.