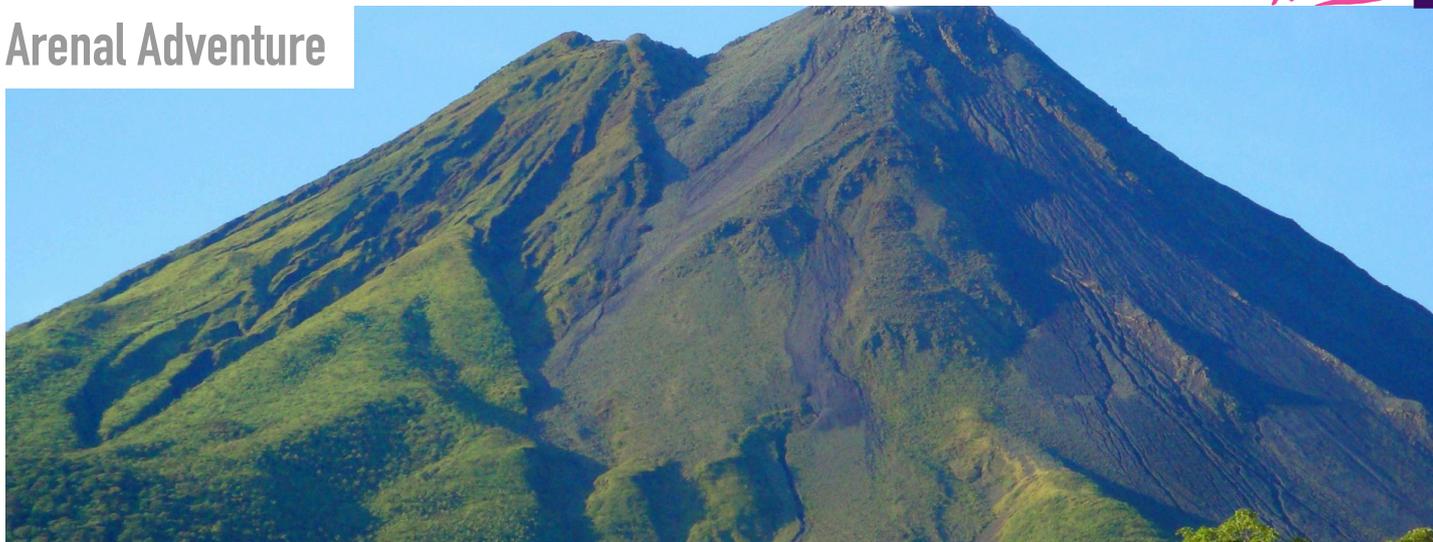


## Arenal Adventure



**Duration: 6 days**

The perfect cone of the Arenal Volcano is one of the must-see sights of Costa Rica. Thought extinct until 1968, it was until recently the most active volcano in Costa Rica. It has been less active since 2010, but it is still fairly common to see glowing lava trails on its slopes at night. We base ourselves in the small town of La Fortuna, dominated by the volcano, and take advantage of the many activities in the area.

After a hike on the crater's slopes, you can choose how to fill your time – and there are plenty of options! From kayaking to wildlife-spotting boat trips and relaxing hot springs, there is plenty for everyone to do here.

We then move on to Monteverde, the country's most famous cloudforest reserve and one of the best places to get up close to the treetop canopy – here again you are free to choose your own activities.

**Contact the office for pricing and availability.**

## DETAILED ITINERARY

### Day 1: Drive Cahuita – La Fortuna

*(main group drive to San Jose for onward flight)*

We drive back into central Costa Rica and, after checking into our hotel, we're free to relax or explore the small town. Night hotel.

**Drive approx. 5 hours**

*Lunch and Dinner not included.*

### Day 2: Arenal Volcano Hike

This morning we head out for a hike on the slopes of Volcan Arenal. It's a relatively easy walk, providing us with a great orientation to the area, which is so dominated by the volcano. There's a good chance of seeing wildlife such as monkeys and toucans, and it's a fascinating start to our adventure. You're then free to spend time as you wish: horse-riding, mountain biking, and kayaking on Lake Arenal are just a few of the activities in the area that can be organised – or opt for something more relaxing, such as a visit to the natural hot springs. Night hotel.

*Lunch and Dinner not included.*

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### Day 3: La Fortuna

After breakfast you are free to choose from the many activities available in the area; there are half-day or full-day options, including a day trip to a wildlife refuge near the Nicaraguan border, where a boat takes you through wetland and lush rainforest in search of monkeys, tropical birds, caimans, sloths and other wildlife. Night hotel.

*Lunch and Dinner not included.*

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### Day 4: La Fortuna – Monteverde

One of the most well-known cloudforest reserves in Costa Rica, Monteverde is one of the best places to view the forest canopy – a completely different experience to being on the forest floor! After arrival we have the afternoon to take part in an activity of our choice. Monteverde pioneered the forest canopy experiences found throughout Costa Rica, and there are plenty of options from adventurous zip-wires and Tarzan swings to sky tram gondolas and fixed hanging bridges. Other activities include horse-riding, a twilight wildlife-spotting hike, butterfly gardens and plenty more! Night Hotel.

*Lunch and Dinner not included.*

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### Day 5: Monteverde – San Jose; flight departs

We drive back to San Jose and the international airport

*Lunch and Dinner not included.*

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### Day 6: Arrive London

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## WHAT'S INCLUDED?

- Transportation between destinations and airport transfer
- Accommodation in a comfortable, well-located 3\* hotel / lodge on twinshare, B&B basis
- Breakfast each day at hotel / lodge
- Hike on Arenal Volcano with local guide(s) and park fees

## WHAT'S NOT INCLUDED?

- Meals where indicated on itinerary
- Personal spending, tips for guides at your discretion, any excursions, activities or services not mentioned above

Extension requires a minimum of 4 people. To operate this for 2 or 3 people a supplement of £150pp will be payable.



Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 12 Jul 2025, and the challenge is subject to change.