

Beach Retreat



Duration: 5 days

The lovely silver sands at the fishing village of Ngwe Saung will become more developed, but for now you can enjoy the simplicity of this beautiful 15km-long beach – one of the longest beaches in south-east Asia – with few distractions. Walk along the beach, snorkel the offshore coral, see the sun set over the Bay of Bengal, and browse the few craft stalls and beach-side restaurants. Time back in Yangon provides a wonderful contrast! It's the perfect antidote to your main challenge.

Once in resort, this extension does not have an organised itinerary. You are free to spend your time as you wish.

DETAILED ITINERARY

Day 1: Yangon-Ngwe Saung

(main group departs Yangon)

After arrival in Yangon with our main group, we meet our transport and head out to the coast and Ngwe Saung beach resort (drive approx 4-5 hours).

Provide own lunch and dinner. Hotel accommodation.

Day 2 - 3: Ngwe Saung-Yangon

A full day and following morning to relax and enjoy the beach; we then drive back to Yangon. Nights hotel.

Breakfast provided. Provide own lunch and dinner. Hotel accommodation.

Day 4 - 5: Yangon; Flight Departs for UK

We enjoy a city tour of Yangon, a modern bustling city which nevertheless is known for its crumbling colonial architecture sitting alongside buildings with more of a Chinese and Indian influence, as well as gilded Buddhist temples. The main highlight is the magnificent golden Shwedagon Pagoda, which we explore before heading back

to the airport for our overnight flight home (arrive Day 5).

Breakfast provided. Provide own Lunch and Dinner. Night in-flight

Important Information

Extension requires a minimum of 2 people to operate

Price includes:

All transportation between Yangon and Ngwe Saung, and airport transfer

2 nights in 4* Aureum Palace Hotel in Ngwe Saung & 1 night in a 3-4* hotel in Yangon; twin-share B&B basis

Meals as indicated in itinerary

Yangon city tour with entrance fees

It does **not include** personal spending or any excursions, activities or services not mentioned above.

NB: If usual accommodation is unavailable, we will discuss alternative hotel options with you

CHALLENGE INFORMATION

DETAILED INFORMATION

Trip Safety

Your safety, and that of the rest of the group, is our highest priority. Our trips are designed and planned with safety in mind. Your crew will be equipped with communication devices (eg phones, radios and/or emergency satellite phones), medical kit and other safety apparatus appropriate to the destination. Our leaders always have access to our 24-hour emergency UK back-up. They are responsible for safety on the trip, and will make any changes to the itinerary they deem necessary, should local conditions dictate. Pre-trip administration - such as medical questionnaires and travel insurance as appropriate - is all done with your safety in mind.

PREPARING FOR THE CHALLENGE

Clothing & Kit

We plan our trips around the optimal weather conditions, but could still be exposed to bad weather at any time. It is vital you are prepared for all conditions. We provide you with a detailed packing kit-list on registration, with plenty of information, and we are always available if you need advice.



Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 28 Mar 2024, and the challenge is subject to change.