

Cycle Training Weekend



The weekend's route, which clocks up over 100 miles, combines a mix of terrain from flat roads to a range of climbs and descents. It is carefully designed to help you to gauge your fitness and training progress, boost your confidence and improve your cycling skills under the guidance of experienced leaders.

DETAILED ITINERARY



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Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 24 Apr 2024, and the challenge is subject to change.