

## Marathon Walk Stonehenge



Duration: 1 days

Join us on our rural marathon walk, taking in the world-famous sights of Stonehenge and Salisbury Cathedral as we trace a 26-mile route through the Wiltshire countryside.

This challenging day sees us setting off early from our atmospheric event hub, and takes us first through the market Town of Salisbury with its iconic Cathedral before heading into the rolling hills of Wiltshire. Wooded Valleys give way to the open expanse of Salisbury Plain as we approach the world-famous stone circle of Stonehenge. More valleys and woodland see us return to our start point and the completion of this fantastic challenge.

This is a tough event over the rolling downs and steep valleys that lie between Salisbury and Stonehenge. At 26 miles, it provides an enormous challenge for walkers but a huge sense of achievement!

### DETAILED ITINERARY

#### Day 1: Marathon Walk Stonehenge

We meet early for registration and a briefing, and set off! Our challenging day starts at the foot of Old Sarum, an impressive Iron Age hillfort to the north of Salisbury. We can see Salisbury Cathedral ahead of us – at 404ft, the spire is the highest in the UK – and we head towards it on a well-used footpath. A long drag then takes us uphill onto an old ridge commanding great views over the surrounding farmland; we follow this ridge for some miles before dropping down steeply to ancient woodland, where a Roman Road cuts through the beech and oak trees; there are tales of ghostly Roman soldiers seen here!

More steep dips and climbs follow as we cross the chalk valleys, then come to more gently rolling farmland dotted with earthworks and burial mounds. There is very little flat on this route, but the steepest hills are behind us! It's not long before we enjoy the views across to Stonehenge and the flat backdrop of Salisbury Plain. Then heading

south, we cross the River Avon and walk roughly parallel to it through farmland and small villages, enjoying the views of a very traditional rural England. A gradual uphill track then brings us back through farmland; we can see the distinctive steep circular banks of Old Sarum ahead of us, and we walk round part of the outer ring back to our start point.

There will be refreshments at the end and time to relax before saying our farewells.

### **Trek approx 26 miles**

*Breakfast Bap and Packed Lunch included*

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## WHAT'S INCLUDED

- Fully recce'd and marked route
- Experienced Discover Adventure leaders and support staff throughout to manage the event safely and enjoyably
- Pre-trip support and dedicated trip co-ordinators, on hand to answer questions and offer advice on kit and training
- Water stops with refreshments (fruit, sweets and cereal bars)
- Packed lunch
- Map and route information
- Opportunity to meet charity representatives
- Discover Adventure Passenger Portal

## WHAT'S EXCLUDED

- Travel insurance (optional)
- Personal items such as water bottle, soft drinks, preferential snacks and souvenirs
- Transport to and from the event
- Entry to any optional sites of activities
- Any applicable surcharges as per Terms and Conditions

## GRADE | ORANGE

Trips are graded Yellow, Orange or Red, in increasing level of challenge. This trip lies within the **ORANGE** range.



The grade is determined by factors such as terrain, distance, climate, altitude, etc. Each colour grade has a **spectrum** which reflects the difficulty of these factors; trip duration, accommodation and living conditions (see icon) are also taken into account.

[Trip grading explained](#)

# CHALLENGE INFORMATION

## DETAILED INFORMATION

### Leaders & Trip Support

Your trip will be led by experienced Discover Adventure leaders and support crew. Our leaders are selected for their knowledge and experience, friendliness and approachability, sense of humour and ability to safely and effectively deal with any situation that arises; they are also trained in first aid. You are in very safe hands with a Discover Adventure leader. The crew will have mobile phones and/or radios where appropriate, medical kit and other safety apparatus where necessary, as well as vehicle support.

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### Trip Safety

Your safety, and that of the rest of the group, is our highest priority. Our trips are designed and planned with safety in mind. Your crew will be equipped with communication devices (eg phones, radios and/or emergency satellite phones), medical kit and other safety apparatus appropriate to the destination. Our leaders always have access to our 24-hour emergency UK back-up. They are responsible for safety on the trip, and will make any changes to the itinerary they deem necessary, should local conditions dictate. Pre-trip administration - such as medical questionnaires and travel insurance as appropriate - is all done with your safety in mind.

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### Dogs

#### Can I bring my dog?

We regret that we are unable to accept dogs accompanying participants on our UK treks. This is because we cannot be responsible for their welfare. Invariably, dogs are not always as fit as they seem, especially in extremes of weather, and we cannot use our support resources to cater for ailing or tired dogs at the expense of participants. We appreciate that some owners will feel that their dogs would not need any support, but we have learned from previous experience and now impose this as a blanket rule.

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### Cancelling your booking

In the unfortunate circumstance that you need to cancel your booking, we would ask that you notify us in writing either by post or email. Your cancellation will be considered effective from the date the notice is received. Registration fees, amendment fees and insurance premiums are non refundable and, depending on your payment option and how close it is to your challenge departure date, you may be liable for a cancellation charge.

Full details of cancellation charges can be found in the Terms and Conditions of booking.

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### Passenger Portal

We have a Passenger Portal which will give you more details of the challenge itself. It also enables you to see any outstanding information we need, the countdown to your challenge departure, see your outstanding balance, make payments and update your contact details. You can access this via the following link - [Passenger Portal Log in](#).

## PREPARING FOR THE CHALLENGE

### Fitness Levels

This is designed to be a challenge, and it is vital that you train sufficiently for it. We will supply you with a thorough training guide once you have registered. Training is all part of the preparation: inadequate training will impact on your enjoyment of the trip, and your chances of completing it. We expect all participants to train hard in advance, but we respect everyone's limits and do not expect everyone to maintain the same pace. If you have concerns about your fitness or if you have reduced mobility please do contact us for a confidential chat about whether this challenge is appropriate for you.

### Clothing & Kit

We plan our trips around the optimal weather conditions, but could still be exposed to bad weather at any time. It is vital you are prepared for all conditions. We provide you with a detailed packing kit-list on registration, as well as details on useful discounts you are entitled to as a Discover Adventure customer. We are always available if you need advice.

If you are still to buy some kit don't forget that Cotswold Outdoor, Snow and Rock, Cycle Surgery and Runners Need offer all Discover Adventure participants **15% off** any purchases you make with them. Please ask us for the code if you do not have this already.

### Travel Insurance

Travel insurance for UK weekends and one-day events is not compulsory but you might like to consider taking out cover in case of cancellation or loss of belongings.

You can obtain a quote with Insure to Travel from our website [here](#), or you may choose to take out your own travel insurance.



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Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 19 Jan 2021, and the challenge is subject to change.