



# MARATHON WALK LONDON

UK • TREK • TOUGH

## ABOUT THE CHALLENGE

Join us for this year's marathon walk around London, taking in some of the capital's iconic sights and less-visited corners. Our route passes locations used in 26 films, from classics including Chariots of Fire and The Italian Job to Bond and Harry Potter films, Bridget Jones's Diary, Love Actually, the Da Vinci Code ... and a huge variety of other hits of the silver screen. With some spots instantly-recognizable and others more obscure, we guarantee you will be hitting the pause button as you watch these films again – but you have to reach the end first!

See the Challenge Information tab to download our Frequently Asked Questions.

### MARATHON WALK LONDON • 1 DAY

We meet early at our event hub near Borough Market (later for half-distance walkers) and, after a rousing warm-up and briefing, set off!

Heading along the Thames, we cross Tower Bridge and walk west towards the City, passing Cornhill and the Bank of

England. We walk north towards King's Cross and, after a lovely stretch through Regent's Park, our routes split, with half-marathon trekkers looping south via Leicester Square.

The full route passes Marylebone and Paddington Stations as we walk towards Portobello Road, and skirts Hyde Park to pass the Natural History Museum. After a stint in leafy Chelsea, we head back to Buckingham Palace and criss-cross the Thames, with the next few miles packed with sights including the London Eye, Houses of Parliament and Trafalgar Square.

Along the Strand and both routes re-join, passing Temple Gardens, Millennium Bridge, Shakespeare's Globe Theatre and St Paul's Cathedral before returning back via Borough Market to our atmospheric hub and the well-earned Finish Line.

Information en-route about the 26 film and 2 TV locations (fully representing 26.2 miles!) will hopefully help to keep your mind off the miles. There will be plenty of time for celebratory photos, relaxation and refreshments before heading back home - where you'll have an excuse to sit and watch a few of those films to celebrate!

## WHAT'S INCLUDED

- Experienced Discover Adventure leaders and support staff throughout to manage the event safely and enjoyably
- Marshalling stops with water and snacks
- Packed lunch
- Maps and route information

## WHAT'S EXCLUDED

- Travel insurance (optional)
- Personal items such as drinks, snacks and souvenirs
- Transport to and from the event
- Entry to any optional sites of activities
- Any applicable surcharges as per Terms and Conditions

## GRADE | TOUGH (3)

Trip grades range from Challenging (1) to Extreme (5).

TOUGH trips can involve tough terrain, a very rigorous day and weather. They are endurance events and demand good stamina, fitness and a determined attitude.



Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 22 Mar 2018, and the challenge is subject to change.