

Geneva To Nice Cycle



Duration: 6 days

Ride to the sun! This demanding yet spectacular cycle challenge takes us from lakeside Geneva through the Alps and Provence, following part of the historic Route Napoleon as we head south to the sunny Mediterranean city of Nice. We cycle via the picturesque towns of Annecy and Sisteron as we head through beautiful scenery of towering mountain peaks, spectacular limestone cliffs and gorges, dense forests and lavender fields. With long, challenging days in the saddle, the magnificence of the landscapes motivates us to keep pedalling! Our unforgettable ride ends with a fabulous descent from the hills through the Gorge du Loup to Nice and the beach, where we have time to relax and appreciate our huge achievement.

This trip generates around **61 kg of CO₂ per person**. Because of our commitment to responsible travel, **we offset 100% of these emissions**.

DETAILED ITINERARY

Day 1: Meet Geneva

On arrival in Geneva, you can check into our hotel and we'll spend some time ensuring all the bikes are properly assembled and comfortable. Spend your free time (flight-times dependent) exploring the clean streets of this cosmopolitan city or head for the lovely lakeside gardens and famous fountain. We meet up in the evening for dinner and a detailed trip briefing before getting a good night's rest in preparation for tomorrow's efforts. *(Lunch not included)*

Day 2: Geneva – Montmelian

Heading south out of Geneva, we leave Switzerland and the Geneva Valley behind us. A gentle climb on quiet back-

roads takes us into France. Beautiful views of the Alps accompany us almost the entire time today – a very inspiring start! We ride south to the beautiful town of Annecy, a lakeside jewel nestled among mountain peaks. We cycle alongside the shores of crystal-clear Lake Annecy for a few miles before continuing south on an undulating road through the forests and quiet villages of the Massif des Bauges. A steady, gradual ascent through lovely scenery takes us to the Col du Frêne – at 950m not a high mountain pass, and not a steep climb, but nevertheless our first real encounter with hair-pin bends! We descend via more sweeping bends to the Isère river, finishing our ride in the valley. Night hotel.

Cycle approx. 115km (72 miles)

Day 3: Montmelian – Corps

We start the day relatively gently, through the Isère valley, pedalling parallel to the river for some time before approaching the historic city of Grenoble. Situated in a broad valley between mountains, the terrain is flat for many miles, though new views of the surrounding peaks continually open up to us. Skirting the city, we follow quiet roads which steer us between the high ridges but give us only a few lumpy undulations to tackle! We climb a gently sloping hill to Roissard, pausing to appreciate the spectacular views of the twists and turns of the lovely Drac river, before continuing through to the small village of Mens. A stretch of more rolling road takes us to the shores of the lovely Lac du Sautet; we then have a short climb up into the small town of Corps. Tomorrow we will start riding on the Route Napoleon, a classic stretch of road that traces Napoleon's route from Elba in 1815, and you can't fail to notice that Corps is proud of its position on the route – there are references everywhere. Night hotel.

Cycle approx. 127km (79miles)

Day 4: Corps – Digne-les-Bains

Leaving Corps behind us, we continue our journey south through the southern Alps. Many of the roads we ride on today have featured regularly in the Tour de France. Our morning's ride takes us predominantly along the scenic, hilly Route Napoleon: look out for the flying-eagle road markers that commemorate the route. Striking out on back roads for a short while, we climb the relatively gentle gradient of the Col de Manse – at 1268m our highest point of the challenge – before reaching the Alpine town of Gap. Continuing south on back-roads, the landscape around us gradually changes to thickly-forested limestone hills and sheer cliffs – spectacular scenery. Entering Provence, we reach the ancient, picturesque town of Sisteron, situated in beautiful scenery on the riverbank between towering mountain ridges. From here it becomes more and more evident that we are leaving the high mountains behind, as we ride east to the lovely old spa town of Digne-les-Bains. Night hotel.

Cycle approx. 144 km (90 miles)

Day 5: Digne-les-Bains – Nice

Today is a long day, and a hilly one, but it's also our last day of cycling so we enjoy every kilometre of beautiful countryside! Setting off from Digne, our day starts on a quiet rolling road which warms us up nicely before the Col de Corobin (1230m), which sees us pedalling uphill for almost 10km. The well-earned descent is wonderful, and you'll be glad to know it's steeper than the side we ascended! Rejoining the Route Napoleon, we tackle several more testing climbs and descents as the road winds through stunning hilly scenery, passing the lovely town of

Castellane on the river Verdon en route. Taking our leave of our historic companion, the Route Napoleon, we head east on very quiet back-roads through small villages. The landscape is made up of rocky outcrops and ridges, verdant forests and deep blue rivers, and provides a breathtaking backdrop to our final day. We reach the photogenic medieval hilltop town of Gréolières, perched high up in the hills behind the coast, and then we can freewheel almost all the way on quiet roads right to the coast! Our descent takes us through the stunningly beautiful Gorge de Loup, before reaching sea level; we join a lovely flat cycle path and finish this long day and our incredible challenge celebrating beside the Mediterranean Sea. Night hotel.

Cycle approx 140 km (87 miles)

Day 6: Nice - London

After a leisurely breakfast, you may have time to relax on the beach or wander the Promenade, depending on your return flight schedule. *(Lunch not included)*

WHAT'S INCLUDED

- 5 nights hotel accommodation on a twin share basis
- All meals except where specified
- Snacks and water provision on cycle days
- Discover Adventure crew (number dependant on group size)
- Vehicle support throughout the trip
- Maps and route information
- Bike transfer from Geneva airport (within agreed time-frame)
- **We offset 100% of the carbon emissions from your trip**

WHAT'S EXCLUDED

- Flights to Geneva and from Nice
- Any meals specified 'not included' in the itinerary
- Travel insurance
- Bicycle, cycle helmet (compulsory) and water bottles
- Personal spending money, souvenirs and drinks
- Fees for any optional sites, attractions or activities
- Any applicable surcharges as per Terms and Conditions

GRADE | ORANGE

All our trips are designed to provide a challenge. Trips are graded Yellow, Orange or Red, in increasing level of challenge. This trip lies within the **ORANGE** range.



The grade is determined by factors such as terrain, distance, climate, altitude, etc. Each colour grade has a **spectrum** which reflects the difficulty of these factors. Trip duration, accommodation and living conditions are also taken into account. Some sections will feel more challenging than others, but the grade reflects the overall trip. Unusual weather conditions can also have a significant impact.

The Accommodation icon indicates the living conditions while trekking/cycling. While there are usually several factors that present a challenge, the Challenge icon indicates the trip's most challenging element, for most people.

[Trip grading explained](#)



Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 12 Jul 2025, and the challenge is subject to change.