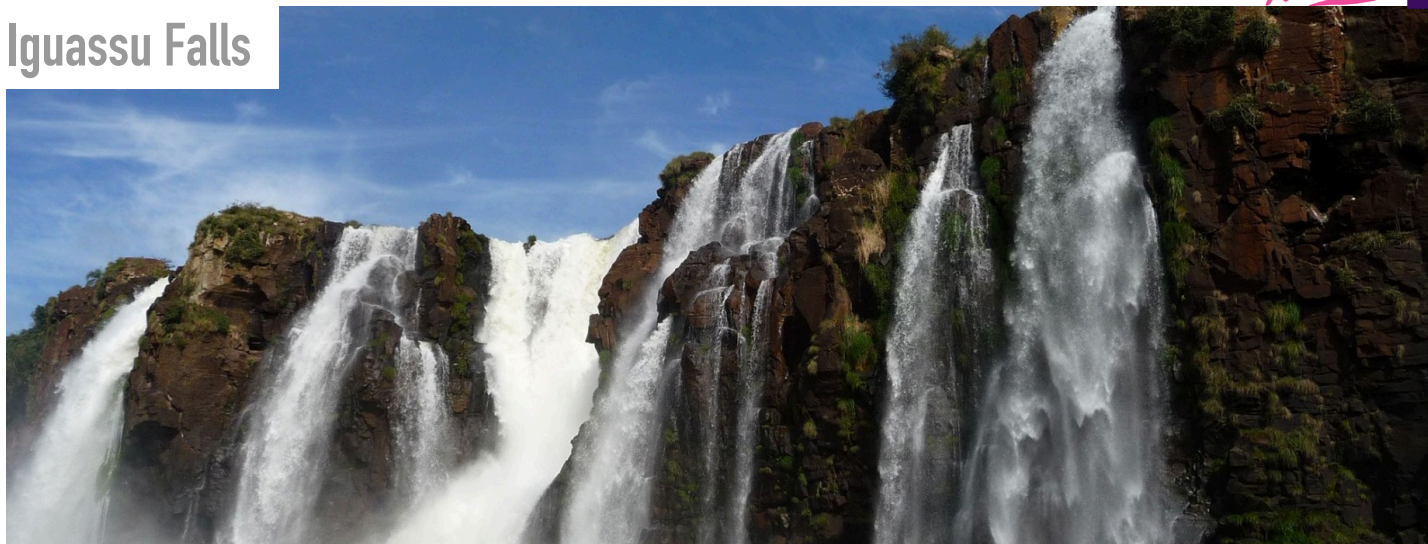


Iguassu Falls



Duration: 4 days

The largest sequence of waterfalls in the world, the mighty Iguassu Falls lie on the border of Brazil and Argentina, and are simply breath-taking. A UNESCO World Heritage Site, Iguassu Falls are also listed among the New Wonders of the World.

Set among lush green rainforest, the horseshoe-shaped falls are at points 82m tall and stretch 2.7km wide – twice that of Niagara. As the force of the water plunges down into the long chasm of Devil's Throat, it's impossible not to be awed by the beauty and sheer power of nature. We discover the spectacle of Iguassu from both countries, exploring this natural wonder by a series of walkways which bring you very close to some of the cascades.

The lush tropical rainforest around Iguassu is home to a great diversity of wildlife, including the raccoon-like coati, toucans and other birdlife, and an amazing array of butterflies and other insects. Additional boat trips are available to heighten your Iguassu experience; you can book and pay for these locally if you wish.

This is a great adventure, and an unforgettable way to round off your experience in Brazil!

DETAILED ITINERARY

Day 1: Fly to Foz do Iguaçu, Brazil

Arrive at Foz do Iguaçu, the town close to the Falls on the Brazilian side. We transfer to our hotel and are free to relax. Night hotel.

Breakfast provided. Lunch and dinner not included.

** We endeavour to book flights to Iguassu to suit your main group itinerary, but are dependent on availability and fluctuating schedules. We will confirm details as soon as possible upon booking. A surcharge will be payable (limited to £100) if an extra night's accommodation is required because of flight schedules.*

Day 2: Iguassu Falls, Argentina

Today we head over to the Argentinean side of Iguassu Falls. Drive to the Visitor's Centre in Argentina (approx 30km); there is a great deal of information here about the diversity of the surrounding rainforest. The

environmentally-friendly gas-propelled train then whisks you off to the catwalks overlooking the Falls. The beautiful Upper Falls Circuit a walk of approx 50-60 minutes, allows for impressive views of the cataracts, and gives you more of a sense of the sheer scale of Iguassu. You'll also see the Devil's Throat, on catwalks which extend over the river for a breath-taking panoramic view. Return to hotel after plenty of time to soak up the experience. Night hotel.

Breakfast provided. Lunch and dinner not included.

Day 3: Iguassu Falls, Brazil; Depart Foz do Iguaçu

Transfer to the Visitors Centre, where specially conditioned vehicles will take you to the start of the catwalk. Walk along these for approx 1 km to admire the Falls from different viewpoints, and for a fantastic close-up encounter with the Devil's Throat, the most majestic of the cascades.

On return, transfer to airport and fly via connecting city (eg Rio) and on to UK (arriving Day 4)

Breakfast provided

Day 4: Arrive UK

Land in UK

Important Information

Extension requires a minimum of 2 people to operate

Price based on internal flights from Rio; see below for Salvador departures.

Surcharge payable up to £100 if an extra night's accommodation is required because of flight schedules.

Price includes:

Accommodation in Foz do Iguaçu hotel on twinshare B&B basis

Meals as indicated in itinerary

Tours to both sides of Falls with entrance fees

English-speaking guide

Internal flights between Rio and Foz do Iguaçu; internal flight taxes

Airport transfers

It does **not include** internal flight surcharge from Salvador (because internal flight prices fluctuate considerably, we will quote this on an individual basis for you; this is payable at time of booking), lunches and dinners as specified, personal spending or any excursions, activities or services not mentioned above.

NB: It is advisable to book early to guarantee availability and avoid any disappointment.

CHALLENGE INFORMATION

DETAILED INFORMATION

Trip Safety

Your safety, and that of the rest of the group, is our highest priority. Our trips are designed and planned with safety in mind. Your crew will be equipped with communication devices (eg phones, radios and/or emergency satellite phones), medical kit and other safety apparatus appropriate to the destination. Our leaders always have access to our 24-hour emergency UK back-up. They are responsible for safety on the trip, and will make any changes to the itinerary they deem necessary, should local conditions dictate. Pre-trip administration - such as medical questionnaires and travel insurance as appropriate - is all done with your safety in mind.

PREPARING FOR THE CHALLENGE

Fitness Levels

This is designed to be a challenge, and it is vital that you train sufficiently for it. We will supply you with a thorough training guide once you have registered. We expect all participants to train hard in advance, but we respect everyone's limits and do not expect everyone to maintain the same pace. Inadequate training is likely to have an impact not just on your chances of completing the challenge, but enjoying it too - and we want you to have the time of your life!

Our challenges attract people of all levels of experience, fitness and ability as well as all ages and backgrounds. We design our challenges so that everyone can go at their own pace: this is not a race. If you have concerns about your fitness or if you have reduced mobility please do contact us for a confidential chat about whether this challenge is appropriate for you.

For logistical and safety reasons we sometimes need to re-group, so the front-runners may find themselves waiting for the slower ones. Please relax, and remember that this is a team effort that enables people to achieve their personal goals and earn sponsorship.

Clothing & Kit

We plan our trips around the optimal weather conditions, but could still be exposed to bad weather at any time. It is vital you are prepared for all conditions. We provide you with a detailed packing kit-list on registration, with plenty of information, and we are always available if you need advice.



Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 1 Jul 2025, and the challenge is subject to change.