

Jurassic Coast Weekend



Duration: 3 days

Stretching 95 miles between Old Harry Rocks in Dorset, to Orcombe Point in East Devon, the Jurassic Coast – England's first Natural World Heritage Site – is the most geologically diverse coastline in the world. The exposed cliff sections allow you to look back through 185 million years of time; dinosaur remains have been found here, and it's a fossil-hunter's paradise.

With a more recent history of mining, shipwrecks and smuggling, this is a fascinating stretch of coastline. We take in some of its most spectacular scenery, from the renowned natural stone archway of Durdle Door to the beautiful circular Lulworth Cove, as we continually climb and descend the steep hills of the Jurassic Coast. We camp at a lovely campsite a short distance from our route.

DETAILED ITINERARY

Day 1: Meet Campsite

We meet at our campsite near Wool, Dorset, for a trek briefing, and get to know the rest of the group over dinner and an evening in camp.

There will be transport arranged to pick you up from Wool railway station if required.

Day 2: Durlston Head – Kimmeridge

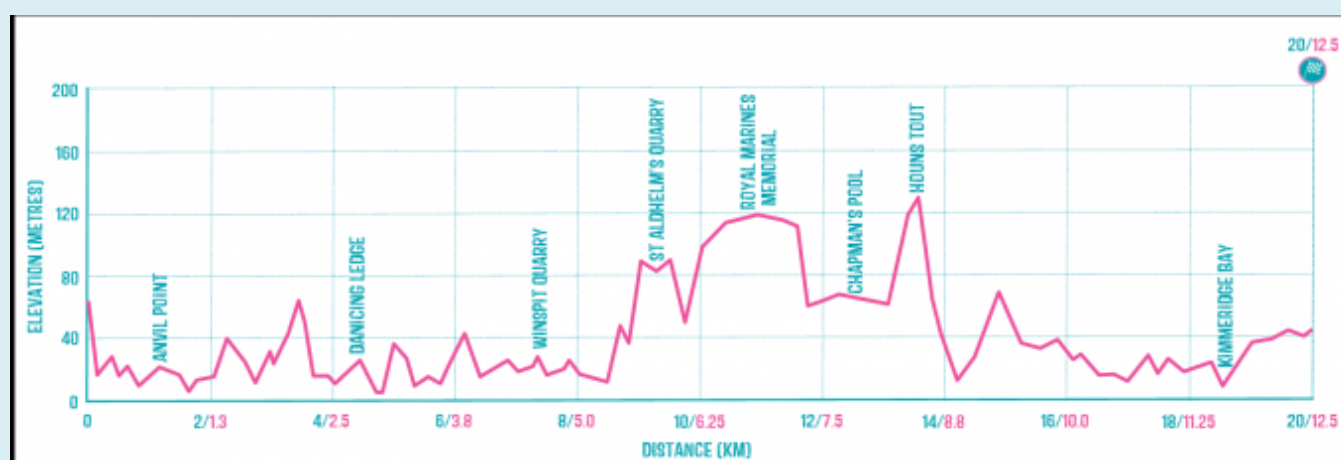
After a good breakfast, we transfer (approx. 30 mins) to Durlston Head, a Country Park on the cliffs above Swanage. Setting off, we can pause at the impressive Globe, an enormous limestone sphere engraved with an 1880s world map. There are fabulous views from the Globe, which accompany us as we walk west along the hilly coastline. This area was long used for mining famous Purbeck Marble and Portland Stone, which is evident from

the old quarries other remains we pass. The stone was often lowered by crane and taken away by boat, and you can still see 'rut-ways' cut into the rock-bed at spots like the beautiful Dancing Ledge. Smuggling stories abound in this area and the rocky coastline had a large number of shipwrecks.

We continue west, over slopes cut into distinctive lynchets, or terraces, dating from medieval times, enabling the steep slopes to be farmed. Seagulls, cormorants and guillemots wheel overhead and wild flowers grow in abundance. Our route dips down to reveal small bays and ledges with access to the sea, before climbing sharply up again ... and again, and again! Finally we see Kimmeridge Bay in the distance, with the distinctive Clavell Tower, and our route flattens out a little. The bay is home to the most amazing rock-pool and, tide permitting, there will be time for a paddle or to look for fossils before we are transported back to our campsite (approx. 20 mins).

Trek approx 12.5 miles / 20.1km

ROUTE PROFILE



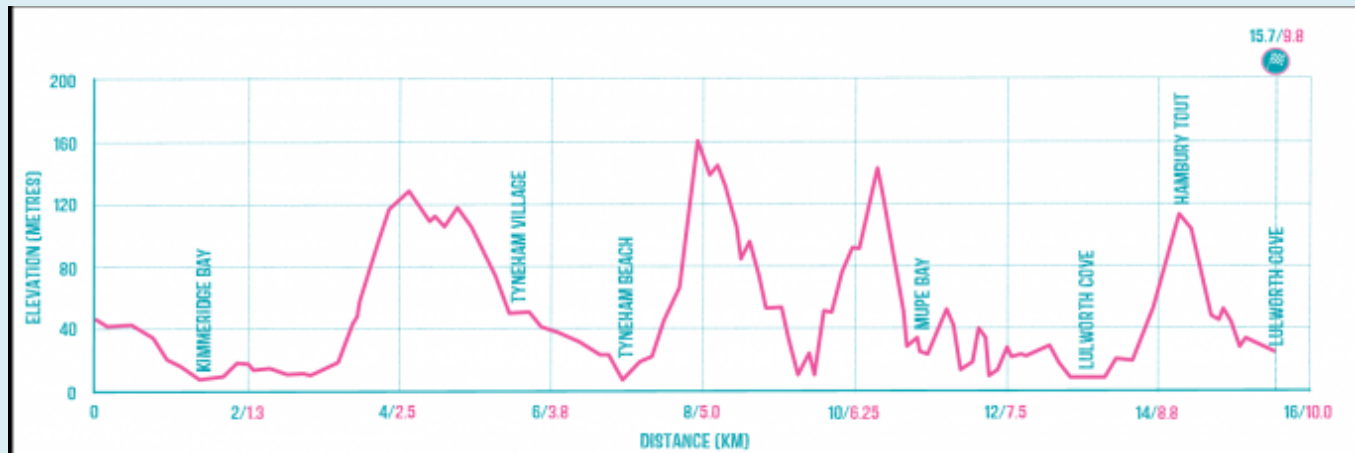
Day 3: Kimmeridge – Durdle Door

After breakfast we set out to rejoin the coastal path and continue walking west. It's not long before we enter Lulworth Ranges – land used as Army firing ranges. Not always open, this region is abundant in flora and fauna that, despite the military presence, has been protected from the development of farming, building and roads. It's also notable for its steep sections as we follow the contours of the cliffs, but the remarkable views over Worbarrow Bay are worth the effort! Time permitting, we can detour inland to the poignant village of Tyneham, deserted in the 1940s when the War Office commandeered the land. The church and schoolhouse are now museums, and many houses remain. The villagers were not permitted to return once the war had ended.

Continuing, there are more steep sections before us, but we are approaching famous Lulworth Cove, and our first view of this almost perfectly circular bay is breath-taking. Formed by glacial waters melting on the way out to sea, this area of the Jurassic Coast is a geologist's dream. We have time to take in the amazing twisted rock layers around the cove before conquering our last steep uphill, over the white crumbling limestone cliffs that take us to Durdle Door, a clear arch in the rock carved out by the pounding waves. The sea is remarkably clear here, and it's an outstandingly beautiful place to finish our tough weekend's trek. After a group photograph at the finish point, we transfer back to our campsite to pack up and head for home after an exhausting but exhilarating weekend!

Trek approx 9.8 miles / 15.7km

ROUTE PROFILE



WHAT'S INCLUDED

- All food, accommodation and camping equipment
- Transfers within trek
- Discover Adventure leaders; cooks and drivers
- Full vehicle support
- Optional pick-ups or drop offs from Wool Railway Station

WHAT'S EXCLUDED

- Travel insurance (optional)
- Personal items such as drinks, snacks and souvenirs
- Sleeping bag and sleeping mat
- Transport to/from the event
- Entry to any optional sites or activities
- Any applicable surcharges as per Terms and Conditions

GRADE | YELLOW

Trips are graded Yellow, Orange or Red, in increasing level of challenge. This trip lies within the **YELLOW** range.



The grade is determined by factors such as terrain, distance, climate, altitude, etc. Each colour grade has a **spectrum**

which reflects the difficulty of these factors; trip duration, accommodation and living conditions (see icon) are also taken into account.

[Trip grading explained](#)

CHALLENGE INFORMATION

DETAILED INFORMATION

Leaders & Trip Support

Your trip will be led by experienced Discover Adventure leaders and support crew. Our leaders are selected for their knowledge and experience, friendliness and approachability, sense of humour and ability to safely and effectively deal with any situation that arises; they are also trained in first aid. You are in very safe hands with a Discover Adventure leader. The crew will have mobile phones and/or radios where appropriate, medical kit and other safety apparatus where necessary, as well as vehicle support.

Trip Safety

Your safety, and that of the rest of the group, is our highest priority. Our trips are designed and planned with safety in mind. Your crew will be equipped with communication devices (eg phones, radios and/or emergency satellite phones), medical kit and other safety apparatus appropriate to the destination. Our leaders always have access to our 24-hour emergency UK back-up. They are responsible for safety on the trip, and will make any changes to the itinerary they deem necessary, should local conditions dictate. Pre-trip administration - such as medical questionnaires and travel insurance as appropriate - is all done with your safety in mind.

Accommodation

We camp in shared two-man expedition-style tents (ie sleeping-room only!) There are 'glamping' options (shepherd huts / tepees) should you wish to upgrade; these are limited in number and available on a first-come first-served basis once you have booked

Roomshare Arrangements

Accommodation is usually on a twin-share basis in hotels or camp. Occasionally we may use hostel-style accommodation. Please tell us if you know somebody else on the trip that you would like to share with and we will try our best to accommodate your request. If you don't know anyone else in the group don't worry, we always pair you up with someone of the same gender, and a similar age where possible. We do not charge a single supplement if you are a solo traveller in a shared room.

Group Size

Your booking is part of a group challenge, and the tour costs and fundraising targets listed on our website are based on a minimum number of participants which is shown on the challenge. Our typical groups run with approximately 20-30 participants; however you may find your group is smaller or larger than this.

We will confirm at least 12 weeks prior to departure that your challenge is guaranteed to run. Occasionally it may be possible to still run the challenge with less than the minimum numbers, subject to a small group supplement. If we think a small group supplement may be necessary, we will discuss this with you as soon as possible, usually 5 months before your departure date.

Minimum numbers and groups sizes may vary on Bespoke Charity challenges. If you are booked onto a bespoke challenge please contact your charity for full details.

Food & Dietary Requirements

The food provided is plentiful and will give you plenty of energy. Where lunch is included, it may be a buffet-style lunch-stop, or a packed lunch. Dinners and breakfasts are generally eaten in camp or at our hotel, depending on the trip. Being vegetarian or having other dietary requirements is not usually a problem provided you let us know well in advance. If you know there are plenty of foods you cannot eat you may wish to bring extra snacks from home so you can top up your energy supply.

Luggage

Your main luggage will remain at our accommodation (camp, hostel or hotel as appropriate) and you will not have access to it until the end of each day. You should carry a small daypack for items needed during the day.

Cancelling your booking

In the unfortunate circumstance that you need to cancel your booking, we would ask that you notify us in writing either by post or email. Your cancellation will be considered effective from the date the notice is received. Registration fees, amendment fees and insurance premiums are non refundable and, depending on your payment option and how close it is to your challenge departure date, you may be liable for a cancellation charge.

Full details of cancellation charges can be found in the Terms and Conditions of booking.

PREPARING FOR THE CHALLENGE

Fitness Levels

This is designed to be a challenge, and it is vital that you train sufficiently for it. We will supply you with a thorough training guide once you have registered. We expect all participants to train hard in advance, but we respect everyone's limits and do not expect everyone to maintain the same pace. Inadequate training is likely to have an impact not just on your chances of completing the challenge, but enjoying it too - and we want you to have the time of your life!

Our challenges attract people of all levels of experience, fitness and ability as well as all ages and backgrounds. We design our challenges so that everyone can go at their own pace: this is not a race. If you have concerns about your fitness or if you have reduced mobility please do contact us for a confidential chat about whether this challenge is appropriate for you.

For logistical and safety reasons we sometimes need to re-group, so the front-runners may find themselves waiting for the slower ones. Please relax, and remember that this is a team effort that enables people to achieve their personal goals and earn sponsorship.

Clothing & Kit

We plan our trips around the optimal weather conditions, but could still be exposed to bad weather at any time. It is vital you are prepared for all conditions. We provide you with a detailed packing kit-list on registration, as well as details on useful discounts you are entitled to as a Discover Adventure customer. We are always available if you need advice.

If you are still to buy some kit don't forget that Cotswold Outdoor, Snow and Rock, Cycle Surgery and Runners Need offer all Discover Adventure participants **15% off** any purchases you make with them. Please ask us for the code if you do not have this already.

Travel Insurance

Travel insurance for UK weekends and one-day events is not compulsory but you might like to consider taking out cover in case of cancellation or loss of belongings.

You can obtain a quote with Insure to Travel from our website [here](#), or you may choose to take out your own travel insurance.

BUY YOUR KITBAG

Only £42 - designed to deal with the rigours of your challenge.

Easier for accessing gear than a rucksack (especially when camping) this is probably the most cost-effective way to take your luggage on a Discover Adventure challenge!



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Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 6 Apr 2020, and the challenge is subject to change.