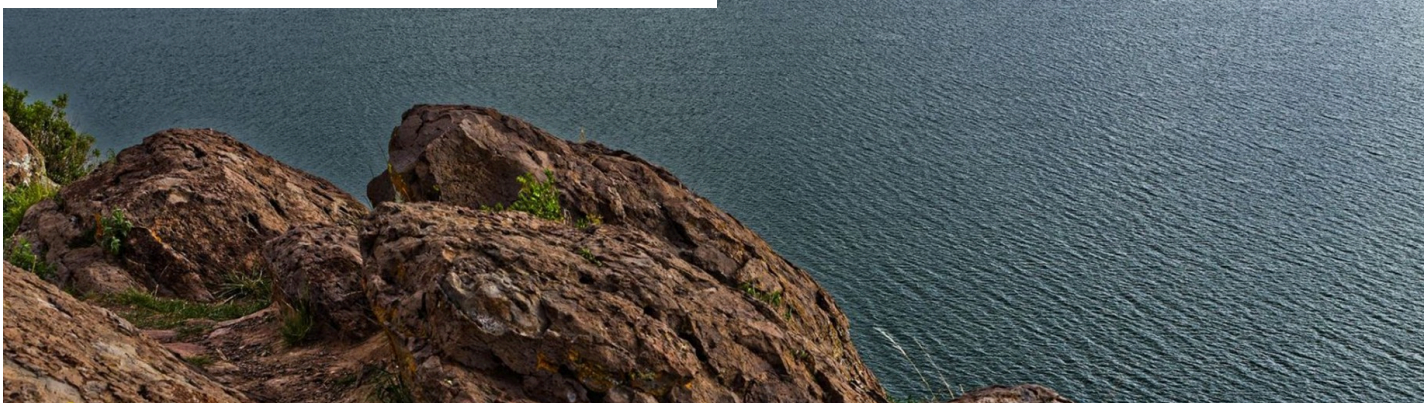


# Lake Titicaca And Colca Canyon Extension



**Duration: 7 days**

Following on from Lake Titicaca (see below), we then move on to the magnificent Colca Canyon, the deepest canyon in the world, where we immerse ourselves in jaw-dropping scenery and fascinating small towns. We also have time to stop at Cruz del Condor, the famous observation point, to marvel at condors flying breathtakingly close – likely to be one of your top highlights from Peru!

Those with less time can fly to Lima after their time on Lake Titicaca (please refer to the below option).

**Min 3 pax - £50 supplement for 2 pax**

**Single supplement: £120**

## DETAILED ITINERARY

### Day 1: Cuzco – Puno

*(main group departs Cuzco)*

An early start for the long drive across the Peruvian altiplano (high plains). We break the journey at different sites along the way, making for a fascinating drive. We stop to see the baroque church of Andahuaylillas, whose frescoes have earned it the nickname of 'Sistine Chapel of the Americas'. We then stop at the Incan sites of Raqchi and Pukara. Entry to these sites are optional. After stopping for lunch at the small town of Sicuani, we continue on to Puno, enjoying the views over the high plateau, with its backdrop of mountains, known as the altiplano. We arrive in Puno late afternoon, check in and relax. Puno lies at 3830m, which after your time in Cuzco should pose no problems, but take it easy if you are feeling the effects of altitude.

*Breakfast and lunch provided. Provide own dinner. Hotel accommodation.*

**Please note that for participants joining this extension from the Andes to Amazon Cycle challenge, flights to Cuzco are not included.**

## Day 2: Lake Titicaca – Amantani Island

An early transfer takes us to the port and, travelling by motor boat, we set off for the legendary Uros Islands, where we have an insight into the lives of the Uros people who live on these floating reed islands, some only 20 metres in length. After a beautiful 3-hour boat ride we reach Amantani Island. Here you have the opportunity to trek to the top of the mountain (4150m) to see the Temples of the Pachamama and Pachatata. We spend the night in homes on the island, as guests of local families, and can enjoy authentic food and music tonight. This glimpse of the traditional customs of the island people is a real highlight for most people.

*Breakfast, lunch and dinner provided. Rustic accommodation in family home.*

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## Day 3: Lake Titicaca – Taquile Island – Puno

After breakfast we take a short boat ride to neighbouring Taquile Island, where we can tour around the ruins and see how the local people live. The people on Taquile are famous for their intricate and fascinating weavings, and you'll get the chance to haggle for souvenirs and support their way of life. After lunch we take the boat back to Puno. Arrival in the afternoon and transfer back to hotel.

*Breakfast and lunch provided. Provide own dinner. Hotel accommodation.*

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## Day 4: Puno – Chivay

Another early start for the drive to Chivay, the main town in the Colca Canyon. We stop en-route to enjoy some of the spectacular scenery and for a coca leaf tea. There are some great views of snow-capped mountains as we drive through green valleys, passing small villages. The canyon itself – more than twice as deep as the Grand Canyon – is spectacular, and we'll stop to enjoy the views. This Andean region was well-populated in pre-Incan times and has towns founded in Spanish colonial times. We arrive mid-afternoon in Chivay, and enjoy a lovely walk (approx 2 hours) through the beautiful scenery to the tiny colourful town of Coporaque, passing a pre-Inca cemetery at the base of the mountains. Returning to Chivay, there's a chance to try out the thermal baths. There's a chance to see traditional Andean dancers in the evening.

*Breakfast provided. Provide own lunch and dinner. Hotel accommodation.*

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## Day 5: Chivay – Cruz del Condor – Arequipa

The Colca Canyon is renowned for its condors, and we stop at the famous observation point Cruz del Condor, where you're likely to see these impressive birds, with colossal wing-spans exceeding 3m, passing very close as they fly past the canyon walls. The canyon views here are also very impressive. After plenty of time for photos, we drive on to Arequipa, stopping en-route at colonial towns with beautiful architecture. We arrive early evening.

*Breakfast provided. Provide own lunch and dinner. Hotel accommodation.*

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## Day 6 - 7: Fly Arequipa – Lima – UK

Morning transfer to the airport for the flight to Lima; connect to London flight (arriving Day 7).

*Breakfast provided.*

Extension requires a minimum of 3 people to operate. To operate this for 2 people a supplement of £50pp will be payable.

Single supplement: £120

NB: It is advisable to book early to guarantee availability and avoid any disappointment.

## WHAT'S INCLUDED?

- Flight from Juliaca or Arequipa to Lima, and locally-paid internal flight tax
- Airport transfer from Puno / Arequipa (as applicable)
- All transport from Cuzco to Puno (and to Arequipa as appropriate)
- Hotel accommodation in Puno and Chivay; twin-share B&B basis
- Island accommodation in family home
- Entry to islands
- Meals as indicated
- Activities as detailed in itinerary
- English-speaking guide

## WHAT'S NOT INCLUDED?

- Optional sites en-route to Puno (allow \$8-12)
- Entry to Colca Canyon (if applicable; allow \$26)
- Chivay thermal springs (if applicable; 15 soles)
- Meals as indicated
- Personal spending, drinks, etc
- Tips for guides/drivers

## CHALLENGE INFORMATION

### DETAILED INFORMATION

#### Trip Safety

Your safety, and that of the rest of the group, is our highest priority. Our trips are designed and planned with safety in mind. Your crew will be equipped with communication devices (eg phones, radios and/or emergency satellite phones), medical kit and other safety apparatus appropriate to the destination. Our leaders always have access to our 24-hour emergency UK back-up. They are responsible for safety on the trip, and will make any changes to the itinerary they deem necessary, should local conditions dictate. Pre-trip administration - such as medical questionnaires and travel insurance as appropriate - is all done with your safety in mind.

## PREPARING FOR THE CHALLENGE

### Fitness Levels

This is designed to be a challenge, and it is vital that you train sufficiently for it. We will supply you with a thorough training guide once you have registered. We expect all participants to train hard in advance, but we respect everyone's limits and do not expect everyone to maintain the same pace. Inadequate training is likely to have an impact not just on your chances of completing the challenge, but enjoying it too - and we want you to have the time of your life!

Our challenges attract people of all levels of experience, fitness and ability as well as all ages and backgrounds. We design our challenges so that everyone can go at their own pace: this is not a race. If you have concerns about your fitness or if you have reduced mobility please do contact us for a confidential chat about whether this challenge is appropriate for you.

For logistical and safety reasons we sometimes need to re-group, so the front-runners may find themselves waiting for the slower ones. Please relax, and remember that this is a team effort that enables people to achieve their personal goals and earn sponsorship.

### Clothing & Kit

We plan our trips around the optimal weather conditions, but could still be exposed to bad weather at any time. It is vital you are prepared for all conditions. We provide you with a detailed packing kit-list on registration, as well as details on useful discounts you are entitled to as a Discover Adventure customer. We are always available if you need advice.

If you are still to buy some kit don't forget that Cotswold Outdoor, Snow and Rock, Cycle Surgery and Runners Need offer all Discover Adventure participants **15% off** any purchases you make with them. Please ask us for the code if you do not have this already.



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Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 12 Apr 2021, and the challenge is subject to change.