NETHERLANDS

















Duration: 3 days

Cycling from London to Amsterdam – the bike capital of the world – is a classic European cycle experience and a wonderful challenge to achieve in only two days.

Passing through the picturesque countryside of rural England, we cross the Channel and continue across the flat landscape of Dutch Zeeland. The sight of Amsterdam with its network of canals, cobbled streets and wonderful architecture will evoke a real sense of excitement. We celebrate our achievement with a night in Amsterdam before heading home by train.





DETAILED ITINERARY



Day 1: London - Harwich

An early start from north east London allows us to avoid the morning traffic as we pass through the outskirts of London onto quieter roads. It is not long before we are among the fields and villages of rural Essex. The route is reasonably flat and will take us through quieter countryside, passing through Maldon and Colchester, before heading to our destination. We have dinner at the yacht club at Harwich before catching the overnight ferry to the Hook of Holland. Night on ferry.

Cycle approx 82 miles

Day 2: Harwich - Amsterdam

We arrive into the Hook of Holland early in the morning and head towards Amsterdam. Our route takes us across the flat, cycle-friendly lands of Holland, hugging the sandy beaches and dunes of the coast. We pass the resort towns of Ter Heijde and Scheveningen, on the outskirts of The Hague, and head north through Katwijk aan Zee, an ancient town at the mouth of the River Rhine that was once the northern frontier of the Roman Empire.

We leave the coast at Zandvoort's long sandy beach and head east and inland, passing through Haarlem, which for centuries has been the 'tulip centre'. Not far from Amsterdam now, we ride past the waterways and parks of Europe's bike capital to our central finish point.

We check into our hotel and have a well-earned shower and rest, before celebrating our achievement in this vibrant city. Night hotel. (Breakfast on ferry not included).







Cycle approx 55 miles

Day 3: Amsterdam - London

The morning is free for sight-seeing and exploring Amsterdam, or simply relaxing in one of the city's many cafés. We then take an afternoon train back to London, connecting onto Eurostar in Brussels. (Lunch not included)

GRADE | YELLOW

All our trips are designed to provide a challenge. Trips are graded Yellow, Orange or Red, in increasing level of challenge.

This trip lies within the **YELLOW** range.



The grade is determined by factors such as terrain, distance, climate, altitude, etc. Each colour grade has a **spectrum** which reflects the difficulty of these factors. Trip duration, accommodation and living conditions are also taken into account. Some sections will feel more challenging than others, but the grade reflects the overall trip. Unusual weather conditions can also have a significant impact.

The Accommodation icon indicates the living conditions while trekking/cycling. While there are usually several factors that present a challenge, the Challenge icon indicates the trip's most challenging element, for most people.

Trip grading explained







Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 12 Jul 2025, and the challenge is subject to change.





