

London To Bruges Cycle



Duration: **4 days**

Ride from London to the canals and cobbled streets of Bruges, one of Europe's best-preserved medieval cities and known as the 'Venice of the North.' A wonderful cycling experience through the bike-friendly Low Countries.

We take the scenic route, heading out of London on quiet roads to Harwich, and cross by ferry to the Hook of Holland, before crossing low-lying Dutch Zeeland on fabulous cycle paths over a series of islands and sea barrages – a stunning ride which demonstrates some impressive engineering. From beautiful Vlissingen we take another ferry and, after a short, flat morning through West Flanders, follow canals into fairy-tale Bruges.

This trip generates around **63 kg of CO₂ per person**. Because of our commitment to responsible travel, **we offset 100% of these emissions**.

DETAILED ITINERARY

Day 1: London – Harwich – Hook of Holland

An early start from north-east London allows us to avoid the worst of the morning traffic before reaching the outskirts of London and quieter roads. It is not long before we are among the fields and villages of rural Essex. The route is reasonably flat and will take us through quieter countryside, passing through Maldon and Colchester, before heading to our destination. Here we have dinner before catching the overnight ferry to the Hook of Holland. Night on ferry.

Cycle approx 82 miles

Day 2: Hook of Holland – Vlissingen

Today's ride is beautiful, and likely to invoke a deep respect for the experts of land reclamation! Our route takes us south across the peninsulas and islands of Zeeland, the westernmost and least-populated province of The Netherlands. Quiet roads and cycle paths lead us over bridges and protective sea-barrages, giving us a wonderful viewpoint into this area of man-made hills - once a marshy mudscape appearing only at low tide. It's all very scenic, with beaches and windmills, small ports and cobbled quays, and small towns and villages with traditional architecture. Passing Middleburg, the province capital, just a few more miles brings us to historic Vlissingen. Night hotel.

Cycle approx 108km (67 miles)

Day 3: Vlissingen – Bruges

A morning's ride completes our challenge! We leave Vlissingen's port with a lovely ferry crossing across the estuary of the Scheldt River to Breskens. Leaving the coast, we ride flat, quiet roads towards the attractive town of Sluis and the border into Belgium. Here we cruise flat and largely traffic-free canal paths, enjoying the scenery, until we come into central Bruges. Famed for its canal networks, this 'Venice of the North' has some beautiful medieval buildings; the impressive historic centre is a World Heritage Site. An afternoon wander is a very pleasant way to wind down after the efforts of the last few days! Night hotel.

Cycle approx 38km (24 miles)

Day 4: Bruges – London

Free to explore until we transfer from Bruges to connect to our Eurostar for the return to London, where you will be reunited with your bike.

WHAT'S INCLUDED

- Ferry from Harwich to Hook of Holland
- Eurostar train back to London
- Accommodation on a twin share basis in hotel / shared cabin on ferry
- All meals except where specified
- Snacks and water provision on cycle days
- Discover Adventure crew (number dependant on group size)
- Full vehicle support throughout the trip
- Maps and route information
- **We offset 100% of the carbon emissions from your trip**

WHAT'S EXCLUDED

- Any meals specified 'not included' in the itinerary
- Short ferry crossing in Holland (cost approx €1-2)
- Travel insurance

- Bicycle, cycle helmet (compulsory) and water bottles
- Personal spending money, souvenirs and drinks
- Fees for any optional sites, attractions or activities
- Any applicable surcharges as per Terms and Conditions

GRADE | YELLOW

All our trips are designed to provide a challenge. Trips are graded Yellow, Orange or Red, in increasing level of challenge. This trip lies within the **YELLOW** range.



The grade is determined by factors such as terrain, distance, climate, altitude, etc. Each colour grade has a **spectrum** which reflects the difficulty of these factors. Trip duration, accommodation and living conditions are also taken into account. Some sections will feel more challenging than others, but the grade reflects the overall trip. Unusual weather conditions can also have a significant impact.

The Accommodation icon indicates the living conditions while trekking/cycling. While there are usually several factors that present a challenge, the Challenge icon indicates the trip's most challenging element, for most people.

[Trip grading explained](#)



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Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 14 Jul 2025, and the challenge is subject to change.