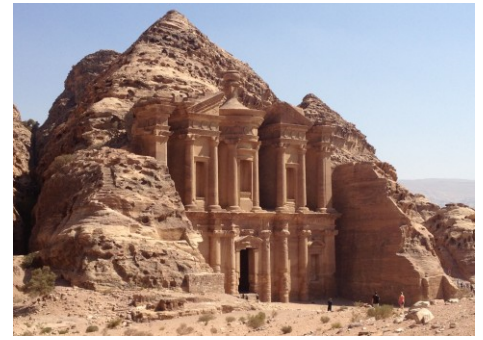


Macmillan Cancer Support Trek To Ancient Petra



Duration: 9 days

This challenging and adventurous trek takes us through unique landscapes in one of the friendliest countries in the world, ending at the impressive rock-hewn facades of Petra's red canyons, one of the New Seven Wonders of the World.

Starting at Dana, we follow ancient Bedouin paths for one hundred spectacular, vista-packed kilometres of the 650-km Jordan Trail. From gentle hills, wadis and arid desert, we cross the dramatic mountains, sandstone canyons and wild-sculpted escarpments of Jordan's Rift Valley.

Our trek ends with a beautiful, little-used ascent to the 'back door' of Petra, the ancient Red-Rose City of the Nabateans, which we have time to explore. A day relaxing at the Dead Sea rounds off this unforgettable adventure.

DETAILED ITINERARY

Day 1: Fly London to Amman

Arrive and transfer to hotel in the centre of town. Night hotel.

Day 2: Dana – Feinan Ruins

After an early breakfast and trip briefing, we drive south through varied arid landscapes via the small village of Dana to our trek start point, where we have lunch. We are surrounded by mountains, valleys, plateaux and desert, all strikingly colourful. Our afternoon's walk serves as great acclimatisation to the heat and landscape, taking us through desert floor on twisting trails to our desert campsite next to the ruins of Feinan, an ancient Byzantine church dating back to 4000 BC. Night camp.

Drive approx 4-5 hours; trek approx 3 hours / 6-7 km

Day 3: Feinan Ruins – Wadi Araba

We wake early and, after a good breakfast, load up the equipment and set off on our day's trek. Our route today takes us across hamada, rough stony desert, with beautiful jagged mountains rising up to 1400m to the east. To the west and northwest, open desert descends towards the Dead Sea, which lies 400m below sea level. The morning's route takes us around several small hills before we head out across open desert towards Wadi Barwaz, which lies at the foot of the mountains, for lunch. Wadi is the name given to a dried-up river bed or water course, a regular feature in this dry landscape. After lunch and a brief rest we head south-west into the desert. We gradually descend towards Wadi Araba, first crossing hamada and then an area of small sand dunes. The views are awe-inspiring and we gain a true sense of the wonderful desert landscape, but it is hard-going at times and hot work. We camp again under amazingly clear, starry night skies. Night camp.

Trek approx 8 – 9 hours / 18 km

Day 4: Wadi Araba – Ras Feid

Today we leave the flat hamada behind and head into the mountains, where at least shade and a welcome breeze are more prevalent. A gradual ascent across stony desert brings us to the foot of the mountains, and from here a steeper ascent across small boulders and rocks brings us to a steep and twisty track. We follow this high into the mountains: a particularly challenging section! This is a remote but beautiful region with spectacular views west into the desert. After a break for lunch, we continue steeply up to the high saddle (720m), with breath-taking views into the heart of these stunning mountains. We then follow a steep, narrow track which winds its way down to the river valley; the scenery constantly changes as we climb and descend amidst dramatic red cliffs and rocks. A short and well-earned flat section takes us through the beautiful Sakakin canyon before a more gradual ascent on good tracks to camp above the river. Night camp.

Trek approx 8 – 9 hours / 14 km

Day 5: Ras Feid – Shkaret Msei'd

We leave camp behind us and enjoy a pleasant walk back through the Sakakin canyon. Our route then becomes tougher as we gradually climb back up into the mountains. This trail is used by the Bedouin as they move their animals from the desert to the higher and cooler regions for the summer. The views are magnificent. Our route is tough, with some steep climbs and rocky descents as we contour around the mountainsides, but the rewards are superb! Eventually we climb up to a pass, where we have tremendous views across the rounded white moonscape-like rocks and cliffs, and the desert beyond. We descend to the river valley and continue among incredible eroded rock formations to Shkaret Msei'd, where we camp in a simply wonderful setting near a Nabatean wine press. This is a tough but outstanding day in some challenging terrain. Night camp.

Trek approx 8 – 9 hours / 18 km

Day 6: Shkaret Msei'd – Little Petra

After another night under the stars we head predominantly downhill from the mountains into low-lying hills and

the desert landscapes surrounding the ancient site of Little Petra. Our route follows an undulating path which is at times relatively gentle and easy-going underfoot, though there are some steep, rocky sections. We emerge from a narrow canyon into sand-dunes; crossing them between dramatic eroded cliffs, we arrive suddenly amongst the simple rock-hewn temples and strange sandstone formations of the site itself. These ruins are some of the oldest in the Middle East, dating back 9000 years, and will whet our appetite for the sights that await us at Petra. We tour the site before continuing to weave our way through the rocky valleys to the permanent camp set amongst the rock formations which is our home for tonight – with showers, electricity and proper beds in cabin-like tents, this feels like a well-earned luxury! Night camp.

Trek approx 8 hours / 16 km

Day 7: Little Petra – Petra – Dead Sea

Today is what we have all been waiting for: the trek into Petra itself! The huge tombs and buildings of Petra, carved out of the rock, are testament to the one-time wealth of the ancient capital of the Nabateans, which provided refuge to caravans of traders crossing the deserts. Our little-trodden route takes us up through a rocky canyon and a long series of steps, with spectacular views once more, before contouring around the mountainside and undulating through sandy desert. Before us we finally see the Monastery, an impressive carved building standing an immense 43m high and 50m wide, and one of the highlights of Petra. We continue on our guided trek to the centre of Petra, descending roughly 800 rock-hewn steps, and admiring the incredible ruins and tombs, before arriving at the Treasury, the most famous and impressive sight at Petra. We then walk out through the famous narrow As-Siq to the conventional entrance, where our waiting transport takes us off to the Dead Sea coast for two nights of relaxation! Night hotel.

(Dinner not included)

Trek approx 7 hours / 18 km; Drive approx 4 hours

Day 8: Dead Sea Coast

A full day to relax and enjoy the delights of the scenic Dead Sea coast. The Dead Sea is at least 8 times more salty than the ocean, and having a relaxing float in the salty waters, and a good coating of natural mud, is too good an opportunity to miss! We meet up again in the evening for a big celebration to mark our achievements. Night hotel.

(Lunch and Dinner not included)

Day 9: Fly Amman to London Drive to Amman (approx 1 hour) for our return flight back to London.

GRADE | ORANGE

Trips are graded Yellow, Orange or Red, in increasing level of challenge. This trip lies within the **ORANGE** range.



The grade is determined by factors such as terrain, distance, climate, altitude, etc. Each colour grade has a **spectrum** which reflects the difficulty of these factors; trip duration, accommodation and living conditions (see icon) are also taken into account.

[Trip grading explained](#)

CHALLENGE INFORMATION

DETAILED INFORMATION

Trip Doctor

An expedition doctor or medic accompanies the group (dependent on group size.) Their role is to look after the well-being of the whole group and deal with any medical incidents. They help the crew to ensure the trip runs smoothly, and encourage you when things get tough. The total number of crew looking after you will depend on the final size of your group.

Local Support Crew

Our local support crew is made up of local guides, assisted by drivers, porters, cooks and other support staff, depending on the type of trip. Local guides know the area well, and are a great source of knowledge about local customs and lifestyles. Not all support crew will speak English well, but are very friendly and approachable. The Discover Adventure crew work closely with the local crew to ensure your trip runs smoothly and safely.

Your leader will arrange a collection of tips for the local support crew at the end of your trek, and you will be provided with a guideline amount in advance. Tipping is not obligatory, but once you see how hard they work on your behalf you will be happy to donate something! All our local crew are paid wages, but bear in mind that the average wage in many countries may be less than you would spend on an average night out.

Trip Safety

Your safety, and that of the rest of the group, is our highest priority. Our trips are designed and planned with safety in mind. Your crew will be equipped with communication devices (eg phones, radios and/or emergency satellite phones), medical kit and other safety apparatus appropriate to the destination. Our leaders always have access to our 24-hour emergency UK back-up. They are responsible for safety on the trip, and will make any changes to the itinerary they deem necessary, should local conditions dictate. Pre-trip administration - such as medical questionnaires and travel insurance as appropriate - is all done with your safety in mind.

Foreign Travel Advice

For the latest travel advice from the Foreign & Commonwealth Office including security and local laws, plus passport and visa information, check www.gov.uk/foreign-travel-advice.

Accommodation

We camp in two-man tents; these are usually expedition-style (ie sleeping room only). Camps are usually simple, in remote locations with amazing views and incredible sunsets! There are toilet tents and a communal dining tent (with comfy mats to sit on, or opt for chairs/stools round a campfire). The local crew look after us very well. The last camping night is in a permanent camp with great facilities; we sleep in canvas-walled huts containing proper beds! This is a magical last night out under the stars. At the start and end of the trip we stay in good hotels (2-3* standard at start, more resort-style at the Dead Sea); rooms are twin-share.

Luggage

Your luggage, food, water and equipment is transported for you from one night-stop to the next. If there is easy road access this is done by vehicle; if not porters, mules or even camels might carry your bags, depending on the terrain.

Space is limited and hard-sided luggage is not suitable, so it is essential that your kit is packed in a soft bag, rucksack or expedition kitbag. Ask us about our specially-designed low-cost kitbags if you don't have one already. You should also bring a small daypack to carry for items needed during the day as you will not have access to your main luggage until the evening.

PREPARING FOR THE CHALLENGE

Clothing & Kit

We plan our trips around the optimal weather conditions, but could still be exposed to bad weather at any time. It is vital you are prepared for all conditions. We provide you with a detailed packing kit-list on registration, with plenty of information, and we are always available if you need advice.

Travel Insurance

Travel Insurance is compulsory on all of our challenges outside of the UK; we strongly suggest that you arrange insurance cover as soon as your booking with us is confirmed, or as soon as you're able to purchase some, and at least 8 months prior to travel. Should you need to cancel prior to departure, you will need insurance to cover the costs involved (registration fee and any trip costs depending on cancellation date).

We all hope never to need it, and thankfully most of the time we don't, but on those rare occasions when you do, you want it to cover you as best it can. Whilst it's a fairly boring admin task relating to your trip of a lifetime, it is really important

you ensure that you have adequate cover for the type of challenge you are taking part in as well as medical emergencies, evacuation and repatriation, so make sure you're happy with the level of cover. There are lots of suppliers out there, with a wide range in levels of cover; generally speaking, you get what you pay for! Get and pay for the right level of cover and then you can go on your adventure not having to worry about the what-if's. For more details click [here](#).

Once your travel insurance is arranged, just remember to let us know the policy number and 24-hr medical emergency phone number provided by your insurers.

Cultural Differences

For most people, the main attraction of travelling to a different country is to see new sights and enjoy new experiences. Sometimes those new experiences can make life harder or more inconvenient than you may like, such as toilet hygiene or different food, or simply a different attitude to solving problems. This is all part of the challenge you are signing up for! We are very privileged to live in a country with a high standard of living, and travelling exposes us to different challenges – all of which help broaden our horizons. We can guarantee that coming face-to-face with experiences outside your normal 'comfort zone' will help you bond with your fellow participants and provide you with plenty of things to laugh about! A sense of humour and sense of adventure are two of the most important things to bring with you!

BUY YOUR KITBAG

Only £45 (inc p&p) - designed to deal with the rigours of your challenge.

Easier for accessing gear than a rucksack (especially when camping) this is probably the most cost-effective way to take your luggage on a Discover Adventure challenge!



logo aito



Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 23 Apr 2024, and the challenge is subject to change.