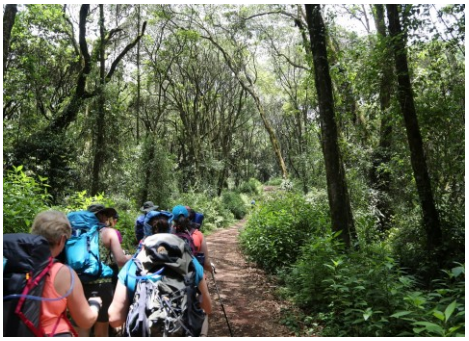
TANZANIA

Trek Kilimanjaro













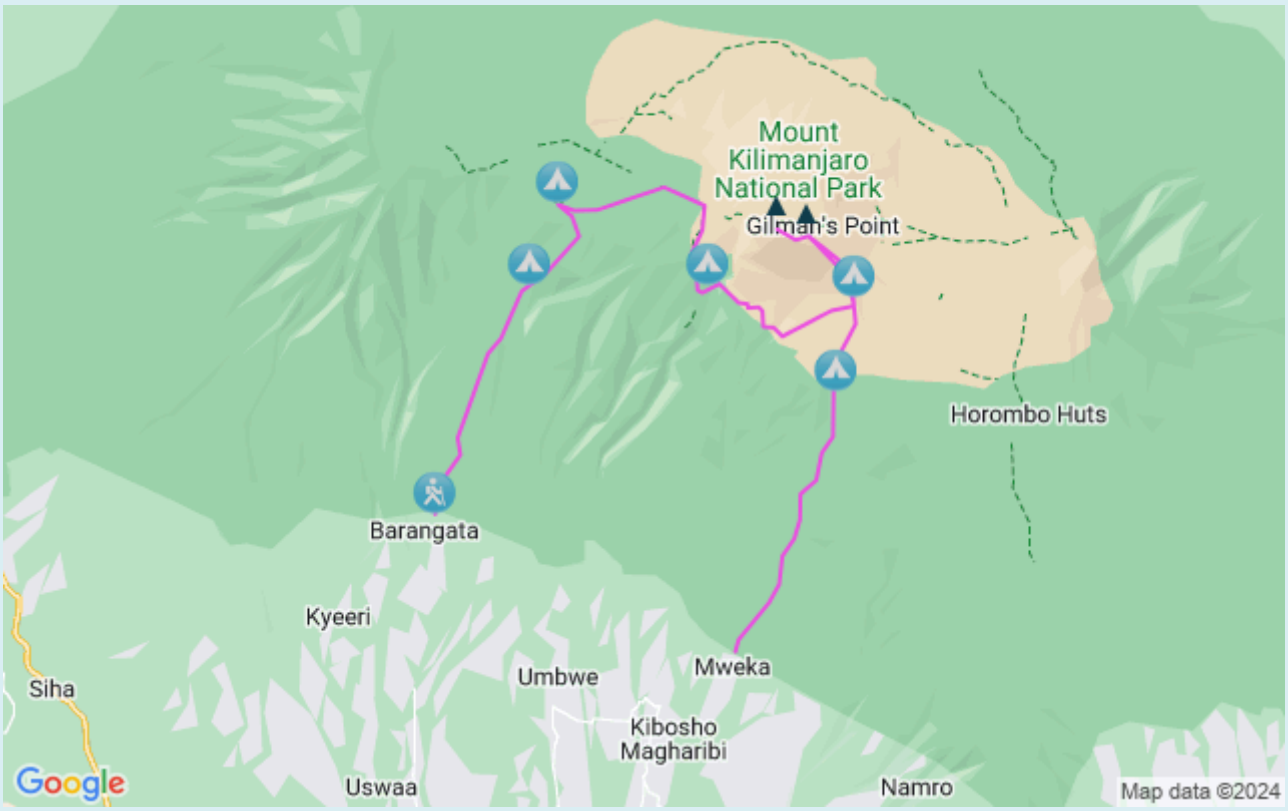




Duration: 11 days

Climb the highest freestanding mountain in the world! Kilimanjaro is the highest mountain on the African continent at 5895m. Its snow-capped summit rises high above the dusty African plains; huge permanent glaciers flow down from the summit, spectacular views and beautiful ice formations are the reward for pushing your limits both physically and mentally.

DETAILED ITINERARY



Day 1: Depart London

Day 2: Arrive Moshi

Arrive at Kilimanjaro International Airport; transfer to Moshi town, where we can admire the views of Kibo, the crater at the summit and the youngest of Kilimanjaro's three volcanic cones. We check in and relax, with time to sort out our kit for tomorrow before dinner and a briefing. Night hotel.

Day 3: Machame Gate – Machame Camp

One hour's drive from Moshi lies the gate to the Machame route, where we complete park formalities, meet our crew of porters and start to climb! The first section of the route climbs steadily and passes through magnificent, dense rainforest. This path is less well-trodden so it can get somewhat overgrown in places and it is often wet and muddy underfoot. Night camp: Machame Camp (3100m).

Trek approx 18km / 5-7 hours

Day 4: Machame Camp – Shira Caves

Our route continues on up through the forest until we reach the steep ascent onto the Shira Plateau, where there

are rewarding views of the mountain. Looking back, you will be able to see Mt Meru rising high above Arusha town in the distance. Night camp: Shira Caves (3840m).

Trek approx 9km / 4-6 hours

Day 5: Shira Caves – Barranco Hut

Walking now on high moorland, the landscape changes the entire character of the trek. We traverse the southwest side of Kilimanjaro, passing underneath the Lava Tower and the final section of the Western Breach and finally reach camp at Barranco Hut (3900m), a tin shack where we pitch our tents. The day has been spent at altitude (up to 4600m), but we have followed the mountaineering code of 'walk high, sleep low' to aid your body's acclimatisation to altitude. Night camp: Barranco Hut (3900m).

Trek approx 15km / 8-10 hours

Day 6: Barranco Hut – Karanga Camp

Our day starts by descending into the start of the Great Barranco, a huge ravine. We then exit steeply, up the Great Barranco Wall, which divides us from the southeastern slopes of Kibo. It's a climb over rock, not technical but long and tiring. Passing underneath the Heim and Kersten glaciers, we head towards the Karanga valley. From here we have a steep climb up from Karanga valley to our night's camp at Karanga camp, set at 3963m. For those feeling strong we will go for a mid-afternoon acclimatisation trek up to around 4200m before descending back to camp for the night. After this point our water supply will be strictly limited to drinking until we descend. Night camp: Karanga (3963m).

Trek approx 5-7 hours / 10km

Day 7: Karanga Camp – Barafu Camp

After a good night's rest and breakfast, we set off on our walk to Barafu camp at 4600m. The climb will take us across desolate scree slopes with no vegetation around us at all. It's a tough steep walk made more difficult by the altitude. On arriving at camp we eat and spend the afternoon resting as we prepare for a long night and day ahead. It is important to keep hydrated and warm. We have an early dinner and then try to get some sleep as we will be getting up at between 11pm and 12pm to start the climb to the summit. Night camp: Barafu (4600m)

Trek approx 4-5 hours / 8km

Day 8: Barafu Camp – Summit – Millennium Camp

We avoid walking too long in the heat of the sun today by starting while it's dark, and walk steeply upwards to the summit glaciers. We will be climbing scree for 4 to 5 hours but gain incredible height over a short distance. The views are spectacular. We should be on the crater rim at Stella Point (5739m) as the first rays of the sun hit us. Spectacular ice cliffs within the crater surround us and the views to jagged Mawenzi – Kilimanjaro's secondary but more technical peak – and beyond are breathtaking.

Another hour's walking takes us to the summit, Uhuru Peak (5896m); Uhuru means freedom in Swahili. We begin

our descent by returning to Stella Point and then descending on scree slope and track back to Barafu Camp for breakfast, before finally heading down to camp for a long well-earned rest. On our descent we have fabulous views of the plains and Mawenzi. Night camp: Millennium Camp (3720m).

Trek approx 20km (7km climb); 12 – 14 hrs

Day 9: Millennium Camp – Mweka Gate – Moshi

A gentle trek takes us down through the rainforest to Mweka Gate, where we complete park formalities and receive certificates, which you can hang up with pride! We are then met by our vehicles and return to the hotel in Moshi, where you can treat yourself to a welcome shower (and a cold beer or two!) before our big celebration. Night hotel. *(Dinner not included).*

Trek approx 10km; 5 hrs

Day 10: Free time Moshi – Flight

Free day, allowing you to explore Moshi, where there are some good markets, and relax with your fellow achievers. You can also opt to visit a Community Project we support on a long-term basis – a children's home near Moshi. We return to the hotel mid-afternoon in time to transfer to the airport for our international flight home. *(Lunch not included)*

Day 11: Arrive UK

GRADE | RED

Trips are graded Yellow, Orange or Red, in increasing level of challenge. This trip lies within the **RED** range.



The grade is determined by factors such as terrain, distance, climate, altitude, etc. Each colour grade has a **spectrum** which reflects the difficulty of these factors; trip duration, accommodation and living conditions (see icon) are also taken into account.

Trip grading explained



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Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 29 Mar 2024, and the challenge is subject to change.