

Snowdon By Night (Yr Wyddfa)



Duration: 2 days

Snowdonia National Park in North Wales is synonymous with beautiful, rugged landscapes and wonderful trekking and outdoor pursuits. The highest mountain in England and Wales at 1085m, Snowdon's Welsh name is Yr Wyddfa, reputedly the burial place of a mythical giant. A popular summit trek by day-time, it forms a real challenge by night.

Standing at the summit by moonlight will be an unforgettable experience, as will seeing the sunrise from the mountain slopes as we descend. Witnessing the spectacular landscapes opening up before us as the day grows lighter is a magical and unforgettable experience.

Our base for this challenge is a friendly hotel, which makes for a comfortable, sociable start to our challenge as we tuck into fantastic food and get to know each other. At the end, we gather back together in the warm and celebrate our overnight achievement with a slap-up breakfast!

Make a weekend of it and check out our [Snowdon Sea to Summit](#).

DETAILED ITINERARY

Day 1: Arrive Llanberis

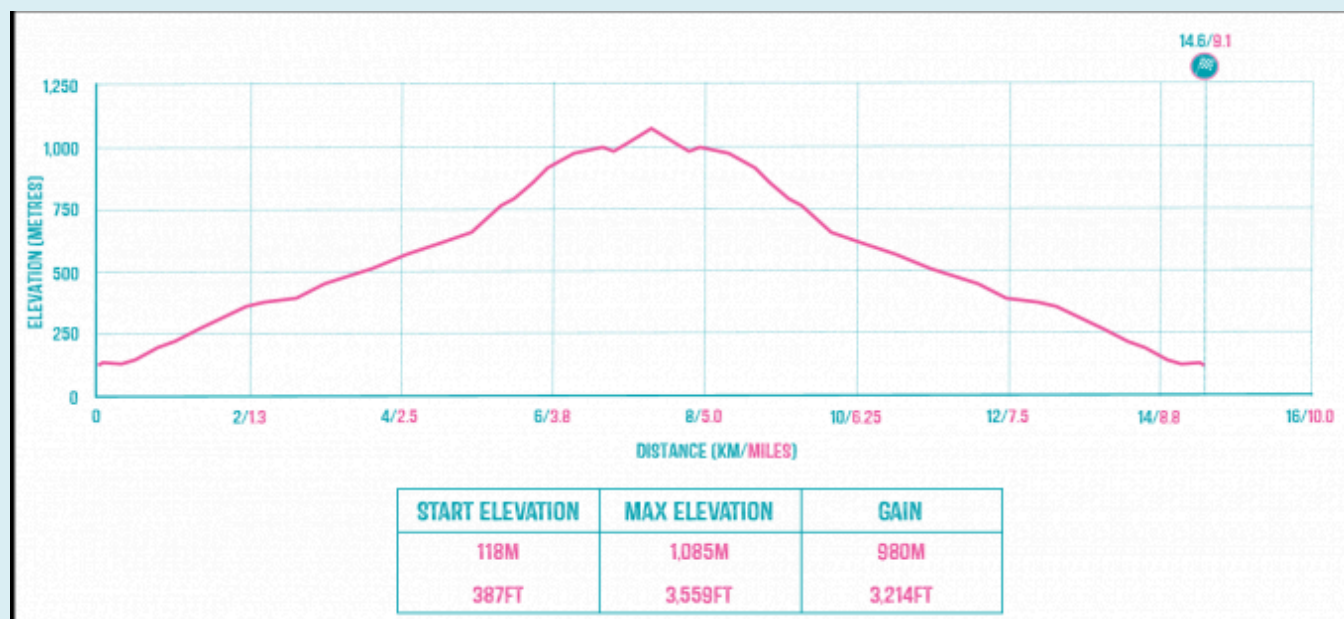
We'll meet in the evening in Llanberis, the popular village at the foot of Snowdon, and get ready for our trek. After a hot drink and a full briefing it's time to switch on our head-torches and set off on our exciting night challenge!

We follow the Llanberis Path, which roughly shadows the route of the famous Snowdon Mountain Railway. It's the most gradual route up Snowdon with good conditions underfoot, and therefore best suited to our ascent in the dark! There is an initial steep section; after this our route continues quite gradually. The path shows up quite

easily most of the time under the torchlight. Trekking up at night is a very different experience than during the day; our senses grow used to the darkness and we can enjoy the silence and the remoteness, and the views of the night sky arcing above us.

After the Halfway House the gradient becomes steeper in places, but we know we're not far off the summit! We pass through a narrow railway bridge, and it's not long before we get to a standing stone, marking where other trails meet ours. A little further on we come to the summit at 1085m. We have gained approx 900m in height since we set off – quite an achievement!

ROUTE PROFILE



Day 2: Descend and depart

After some time to experience the summit – though it will probably be quite cold at the top, so you may not want to linger too long! – we leave the summit and return to Llanberis the same way. The sky will start to lighten on our way down, and we may be able to enjoy the wonderful views over the Menai Strait towards Anglesey while we are still high enough to enjoy them. As the sun rises and lights up our surroundings, we'll be amazed by what we climbed in the dark! The descent will be much quicker and less arduous, but still tiring and can be hard on the knees. We return to our hotel for a big celebration breakfast! After saying our farewells to our fellow trekkers, we head home, tired but very elated!

Ascent approx. 5-7 hours; descent approx. 2-3 hours

WHAT'S INCLUDED

- Experienced Discover Adventure leaders and back-up support on the mountain
- Hot drinks before ascent and celebration breakfast at the end; some snacks on the mountain

WHAT'S EXCLUDED

- Travel insurance (optional)
- Personal spending money, souvenirs and drinks
- Transport to / from event and parking fees
- Entry to any optional sites or activities
- Any applicable surcharges as per Terms and Conditions

GRADE | YELLOW

Trips are graded Yellow, Orange or Red, in increasing level of challenge. This trip lies within the **YELLOW** range.



The grade is determined by factors such as terrain, distance, climate, altitude, etc. Each colour grade has a **spectrum** which reflects the difficulty of these factors; trip duration, accommodation and living conditions (see icon) are also taken into account.

[Trip grading explained](#)

CHALLENGE INFORMATION

DETAILED INFORMATION

Leaders & Trip Support

Your trip will be led by experienced Discover Adventure leaders and support crew. Our leaders are selected for their knowledge and experience, friendliness and approachability, sense of humour and ability to safely and effectively deal with any situation that arises; they are also trained in first aid. You are in very safe hands with a Discover Adventure leader. The crew will have mobile phones and/or radios where appropriate, medical kit and other safety apparatus where necessary, as well as vehicle support.

Trip Safety

Your safety, and that of the rest of the group, is our highest priority. Our trips are designed and planned with safety in mind. Your crew will be equipped with communication devices (eg phones, radios and/or emergency satellite phones), medical kit and other safety apparatus appropriate to the destination. Our leaders always have access to our 24-hour emergency UK back-up. They are responsible for safety on the trip, and will make any changes to the itinerary they deem necessary, should local conditions dictate. Pre-trip administration - such as medical questionnaires and travel insurance as appropriate - is all done with your safety in mind.

Group Size

Your booking is part of a group challenge, and the tour costs and fundraising targets listed on our website are based on a minimum number of participants which is shown on the challenge. Our typical groups run with approximately 15-25 participants; however you may find your group is smaller or larger than this.

We will confirm at least 12 weeks prior to departure that your challenge is guaranteed to run. Occasionally it may be possible to still run the challenge with less than the minimum numbers, subject to a small group supplement. If we think a small group supplement may be necessary, we will discuss this with you as soon as possible, usually 5 months before your departure date.

Minimum numbers and groups sizes may vary on Bespoke Charity challenges. If you are booked onto a bespoke challenge please contact your charity for full details.

Food & Dietary Requirements

The food provided is plentiful and will give you plenty of energy. Where lunch is included, it may be a buffet-style lunch-stop, or a packed lunch. Dinners and breakfasts are generally eaten at our accommodation. Being vegetarian or having other dietary requirements is not usually a problem provided you let us know well in advance. If you know there are plenty of foods you cannot eat you may wish to bring extra snacks from home so you can top up your energy supply.

PREPARING FOR THE CHALLENGE

Fitness Levels

This is designed to be a challenge, and it is vital that you train sufficiently for it. We will supply you with a thorough training guide once you have registered. Training is all part of the preparation: inadequate training will impact on your enjoyment of the trip, and your chances of completing it. We expect all participants to train hard in advance, but we respect everyone's limits and do not expect everyone to maintain the same pace. If you have concerns about your fitness or if you have reduced mobility please do contact us for a confidential chat about whether this challenge is appropriate for you.

Clothing & Kit

We plan our trips around the optimal weather conditions, but could still be exposed to bad weather at any time. It is vital you are prepared for all conditions. We provide you with a detailed packing kit-list on registration, with plenty of information, and we are always available if you need advice.

Travel Insurance

Travel insurance for UK weekends and one-day events is not compulsory but you might like to consider taking out cover in case of cancellation or loss of belongings.

Once your travel insurance is arranged, just remember to let us know the policy number and 24-hr medical emergency

phone number provided by your insurers.

Cancelling your booking

In the unfortunate circumstance that you need to cancel your booking, we would ask that you notify us in writing either by post or email. Your cancellation will be considered effective from the date the notice is received. Registration fees and amendment fees are non refundable and, depending on your payment option and how close it is to your challenge departure date, you may be liable for a cancellation charge.

Full details of all cancellation charges may be found in the Terms and Conditions of booking.

Passenger Portal

We have a Passenger Portal which will give you more details of the challenge itself. It also enables you to see any outstanding information we need, the countdown to your challenge departure, see your outstanding balance, make payments and update your contact details. You can access this via the following link - [Passenger Portal Log in](#).



Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 18 Apr 2024, and the challenge is subject to change.