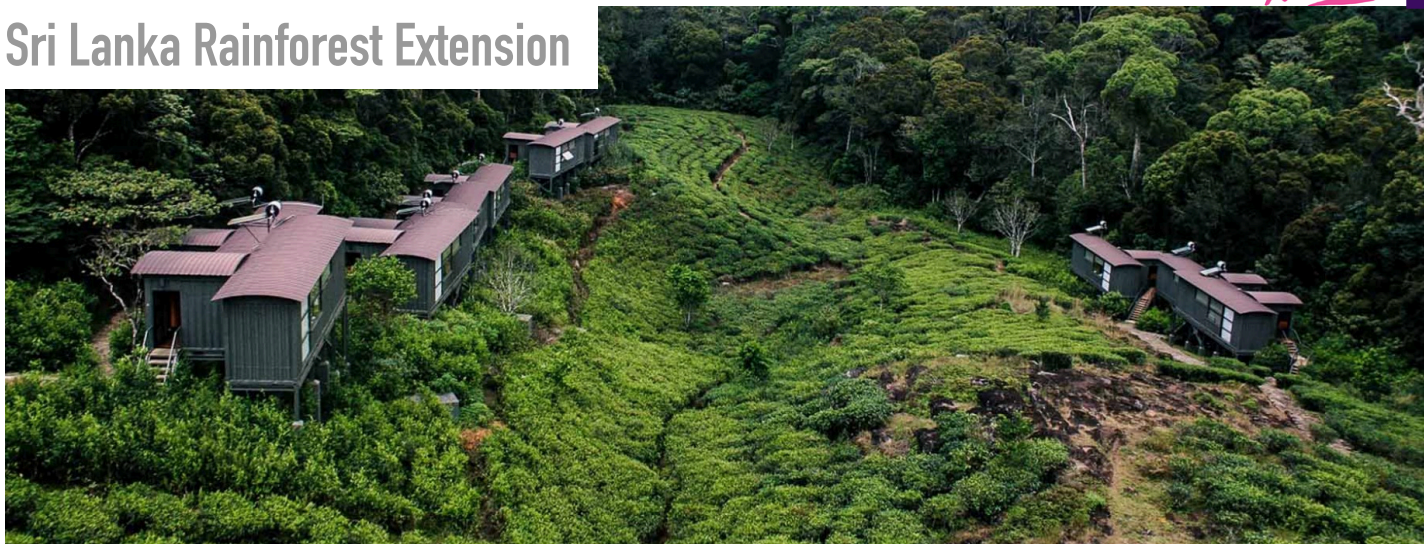


Sri Lanka Rainforest Extension



DURATION:

4 days

Sri Lanka offers such a huge variety of contrasting highlights, it's hard to resist staying for a few extra days to experience more!

Sinharaja Forest Reserve is the country's last remaining primary tropical rainforest, and is a designated UNESCO World Heritage Site and Biosphere Reserve. This biodiversity hotspot is home to an enormous variety of endemic flora and fauna. You'll stay in a unique, sustainable eco-lodge chalet overlooking the forest, allowing you to experience the serenity of this beautiful habitat at all times.

In contrast, we end our trip with a memorable cultural experience in atmospheric Galle, known for its coastal Fort. Different cultures have mixed for centuries in this old trading port, with its historic whitewashed buildings and old fortress, and we have time to wander and soak up the atmosphere before heading home.

Contact the office for pricing and availability.

DETAILED ITINERARY

Day 1: Tangalle – Sinharaja Forest Reserve

(main group departs Sri Lanka same day)

You'll leave coastal Tangalle, and head inland to Sinharaja Forest Reserve, a tract of primary rainforest cloaking hills that rise up to 1300m high. Home to over 60% of Sri Lanka's endemic trees, it is rich in endemic species of birds, mammals and butterflies. Spend the afternoon on one of the reserve's forest trails, with an experienced guide to relay details of this unspoilt eco-system and identify the flora and fauna around you. While the dense rainforest vegetation doesn't always allow for unparalleled wildlife-viewing, the sounds and scents of this magnificent eco-system create a magical atmosphere. Your accommodation for two nights is a highlight in itself – a sustainable eco-lodge set amidst a tea plantation in the forest, where stilted, eco-friendly chalets are positioned on a hillside to maximise the views. Listen to the sounds of the forest at night from your private deck! Night chalet.

Breakfast & dinner provided; eco-lodge chalet accommodation

Drive approx. 3 hours; Walk approx. 3 hours

Day 2: Sinharaja Forest Reserve

After breakfast, we enjoy another guided walk through the heart of the rainforest. The trails are generally well-maintained, but hilly at times; most trail options lead up to a viewpoint over the canopy at some point! You'll also pass waterfalls, experience the colourful birds and butterflies that flit overhead and, if you're lucky, see one of the largest mammals in the Reserve – the shy purple-faced leaf monkey. Back at the eco-lodge, you can relax and enjoy your second night surrounded by nature. Night chalet.

Walk approx. 5-6 hours*

(*If you do not wish to undertake a walk of this length, it is possible to opt for a shorter trail, or relax at the lodge.)

Breakfast and dinner provided; eco-lodge chalet accommodation

Day 3: Sinharaja – Galle

Leaving the peaceful rainforest behind, you'll head south again, for a real contrast! Galle, perched on a coastal peninsula, is an atmospheric city of many cultures, with narrow bustling streets and a mix of architecture reflecting its centuries-old importance to Portuguese, Dutch and Moorish traders: old mosques and churches, grand merchants' houses and courtyards, and of course Galle Fort, the old fortress, surrounded by the sea on three sides. We'll walk the fort's ramparts this evening, taking in its most recognisable landmark, the Galle Fort lighthouse. We stay the night in a comfortable hotel in a great location to explore the old streets.

Drive approx. 2.5-3 hours

Breakfast provided; hotel accommodation

Day 4: Return flight to UK

Depending on flight times, you may have free time to explore before transferring back to the international airport for your flight home. If we depart on an overnight flight, you will arrive on Day 5 (Day 14 of main trip)

Drive approx. 2-2.5 hours

Breakfast provided

Extension requires a minimum of 2 people to operate.

Contact the office for pricing and availability.

WHAT'S INCLUDED?

- 3 nights accommodation (2 in eco-lodge, 1 in 4-5* hotel; twin-share basis)
- Meals as indicated in the itinerary
- Guided walks in rainforest and Galle Fort
- Local English-speaking guide

- All transportation in private vehicles

WHAT'S EXCLUDED?

- Meals where indicated
- Tips for local guides
- Personal spending or any excursions, activities or services not mentioned above.

NB: The accommodation is a highlight in itself. Please book early to avoid the disappointment of it being fully booked.



Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 3 May 2026, and the challenge is subject to change.