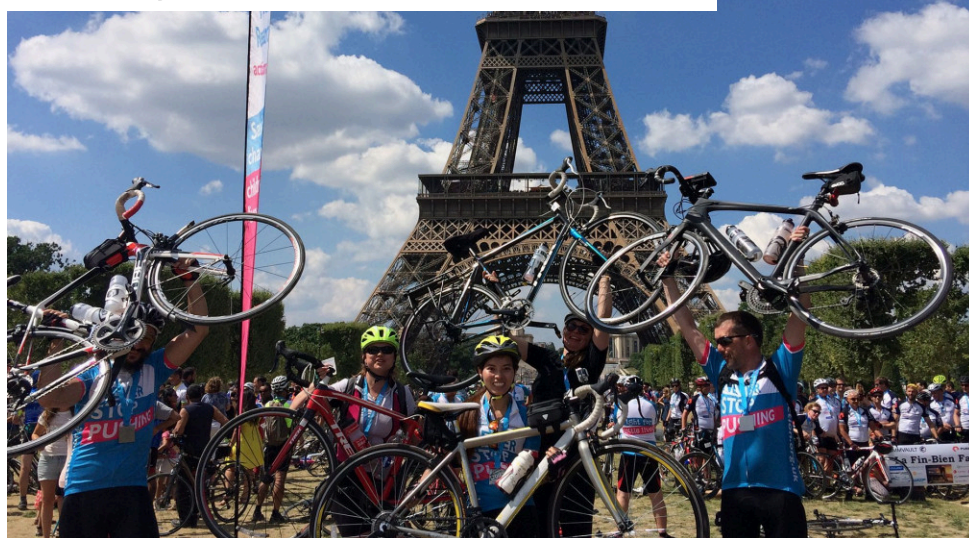




Stars Appeal Pedal For The Stars – Salisbury To Paris 2025



Duration: 5 days

Cycling to Paris is one of the great cycle experiences in Europe. Passing through picturesque English countryside, we cross the Channel at Portsmouth and continue through the small villages and medieval market towns of Northern France. With long days in the saddle and some strenuous hill-climbs, the sight of the Eiffel Tower, our finishing point, will evoke a real sense of achievement.

Our last day in Paris allows us to explore the sights and soak up the romantic atmosphere of this majestic city!

DETAILED ITINERARY

Day 1: Salisbury – Portsmouth – Caen (Ouistreham)

What better way to begin this challenge than with a great send off from the very heart of the charity and where your hard-earned fundraising will be put to amazing use! After being waved off we start by heading down to the Cathedral

to get some iconic shots before heading out of Salisbury and onto quieter roads. It's not long before we're pedalling through wonderful countryside and on towards the South Downs near Bishop's Waltham. Our route undulates relatively gently, though there are some steeper climbs to test our legs. Heading predominantly southeast to begin with before veering south near the end of the day and finally reaching the outskirts of Portsmouth, where we make our way to the harbour for the overnight ferry to Caen. Night ferry. (Breakfast on ferry not included)

Cycle approx. 96km (60 miles)

Day 2: Caen (Ouistreham) – Lisieux

We ride west along the coast to the small town of Arromanches, heart of the Normandy Landings. Parts of the mulberry harbour built here can still be seen out at sea and on the beach. We ride to Juno and Gold beaches, then head back east on small roads towards Pegasus Bridge, near Caen, where the first house to be liberated from the Germans in June 1944 still stands. Now a café and museum, there is an opportunity to visit and see the original bridge, time permitting. We then continue east, on quiet rolling roads that take us through farmland and apple orchards – this area produces lots of cider and calvados! We see Lisieux's 11th-century cathedral as we approach the end of today's ride; approximately two-thirds of the town was destroyed by allied troops in the D-Day bombardment but the cathedral survived unscathed. Night hotel.

Cycle approx. 121km (75 miles)

Day 3: Lisieux – Vernon

Another long day ahead of us today, as we ride through lovely, typically French rural countryside. Passing through picturesque hamlets and small towns, it's hard to picture this peaceful countryside dominated by the battles of World War Two. There are some short sharp climbs, though our legs should take them in their stride by now! We ride west through rolling farmland and wooded valleys to the charming riverside town of Vernon. Night hotel.

Cycle approx. 110km (69 miles)

Day 4: Vernon – Paris

Our last day: Paris beckons! We cycle east, crossing the River Eure and riding through small towns as we pass through the valley of the Seine. Nearing the city, we cross the River Seine and cycle through the suburb of Boulogne-Billancourt. As we head towards the centre of this iconic city, we look out for the distinctive landmarks of the Eiffel Tower and the Sacré Coeur standing out on the skyline. We pass the Arc de Triomphe before reaching our finish point with a backdrop of the lofty arches of the Eiffel Tower – an impressive end to our challenge. After checking into our hotel we enjoy a great celebration to mark our achievements. Night hotel.

Cycle approx. 95km (60 miles)

Day 5: Paris – London

After breakfast we board the coach and start our journey homeward. We cross the channel at Calais and continue on the coach all the way back to Salisbury where we will be reunited with our bikes. (Lunch & dinner not included)

Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

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WHAT'S INCLUDED

- All transport from Paris
- 4 nights hotel accommodation on a twin share basis
- All meals except where specified
- Discover Adventure crew (number dependant on group size)
- Vehicle support throughout the trip
- Route information
- Bike return to Salisbury

WHAT'S EXCLUDED

- Any meals specified 'not included' in the itinerary
- Travel insurance
- Bicycle, cycle helmet (compulsory) and water bottles
- Optional Discover Adventure bike courier return to home service
- Personal spending money, souvenirs and drinks
- Any applicable surcharges as per Terms and Conditions

CHALLENGE INFORMATION

DETAILED INFORMATION

Trip Safety

Your safety, and that of the rest of the group, is our highest priority. Our trips are designed and planned with safety in mind. Your crew will be equipped with communication devices (eg phones, radios and/or emergency satellite phones), medical kit and other safety apparatus appropriate to the destination. Our leaders always have access to our 24-hour emergency UK back-up. They are responsible for safety on the trip, and will make any changes to the itinerary they deem necessary, should local conditions dictate. Pre-trip administration - such as medical questionnaires and travel insurance

as appropriate - is all done with your safety in mind.

PREPARING FOR THE CHALLENGE

Clothing & Kit

We plan our trips around the optimal weather conditions, but could still be exposed to bad weather at any time. It is vital you are prepared for all conditions. We provide you with a detailed packing kit-list on registration, with plenty of information, and we are always available if you need advice.

Cancelling your booking

In the unfortunate circumstance that you need to cancel your booking, we would ask that you notify us in writing either by email or post. Your cancellation will be considered effective from the date the notice is received. Registration, administration and amendment fees are non refundable and, depending on your payment option and how close it is to your challenge departure date, you may be liable for a cancellation charge.

Full details of all cancellation charges may be found in the Terms and Conditions of booking.

Passenger Portal

We have a Passenger Portal which will give you more details of the challenge itself. It also enables you to see any outstanding information we need, the countdown to your challenge departure, see your outstanding balance, make payments and update your contact details. You can access this via the following link - [Passenger Portal Log in](#).



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Please note: This document was downloaded on 15 Feb 2025, and the challenge is subject to change.