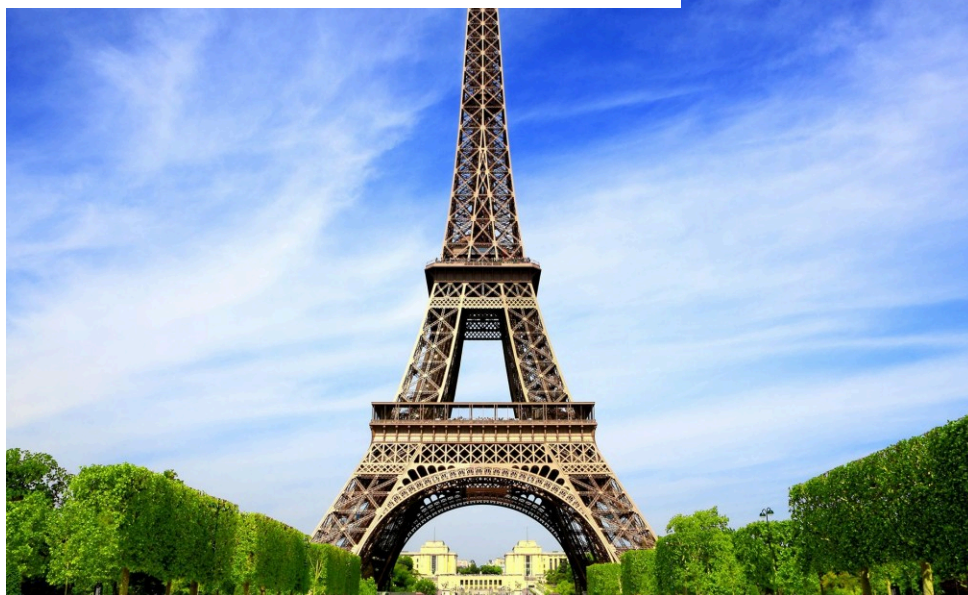


Women Ride London To Paris Cycle



Duration: 4 days

Part of our Women Ride series, encouraging women to get on their bikes. Designed to downscale some of the factors often cited by women as barriers to cycling, expect confidence-boosting support, a friendly non-competitive atmosphere and the buzz of achieving your challenge.

Cycling from London to Paris is one of the great cycle experiences in Europe. Passing through picturesque Sussex countryside on quiet rolling roads, we cross the Channel and continue through the small villages and medieval market towns of Northern France. This specially-designed, beautiful route takes us on quiet lanes and traffic-free greenways, enjoying the freedom of cycling in a country where all generations use a bike just to get around.

Our cyclist-friendly approach to Paris passes some of the city's most recognisable landmarks and the sight of the Eiffel Tower, our finishing point, will evoke a real sense of achievement.

Women Ride Training Weekend is **included in the cost** of this trip. Once you sign up, you will receive a code to register for the weekend for free. If you take part in the Training Weekend first and are then inspired to sign up, your Training Weekend payment will be discounted from your final trip cost.

DETAILED ITINERARY

Day 1: London – Newhaven – Dieppe

An early start from central London allows us to avoid the morning traffic as we pass through the outskirts of London onto quieter roads. We continue south towards Croydon, riding through beautiful rolling Surrey countryside and small, quiet villages. As we head further south a long climb takes us into Sussex; we then follow rolling roads up and over the beautiful chalk downs and descend into the harbour town of Newhaven. We board the ferry and have dinner en-route to Dieppe. Night hotel.

(Dinner on ferry not included)

Cycle approx 95km (59 miles)

ROUTE PROFILE

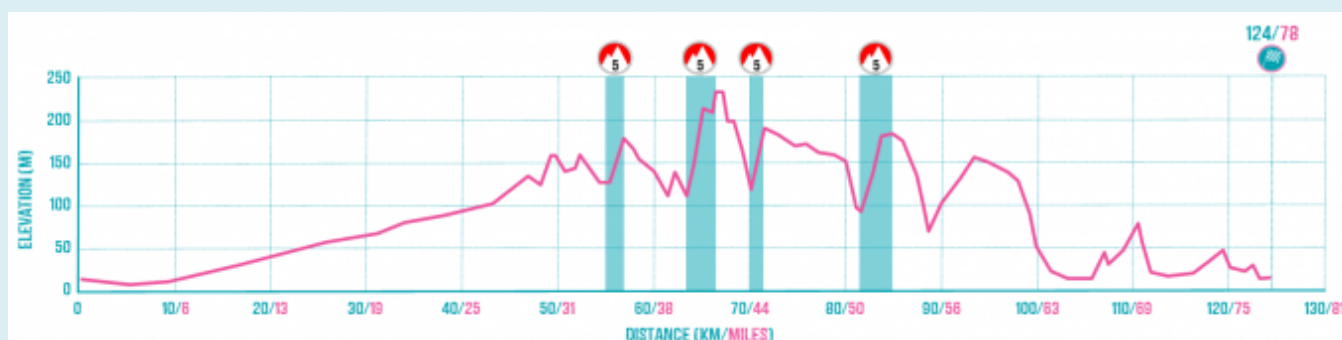


Day 2: Dieppe – Vernon

We leave the busy port behind, heading southeast and quickly emerge into the quiet French countryside so typical of this region. Our roads are light on traffic, and there are sections of greenway (*avenue verte*) we can utilise. Passing a few small villages, we ride through the small, 12th-century town of Neufchatel-en-Bray and continue on small roads through farmland and pockets of woodland. Most of our route rolls along through this beautiful rural scenery, though there are a few short climbs. Our day ends at Vernon, an ancient town on the banks of the River Seine. Night hotel.

Cycle approx 124km (78 miles)

ROUTE PROFILE



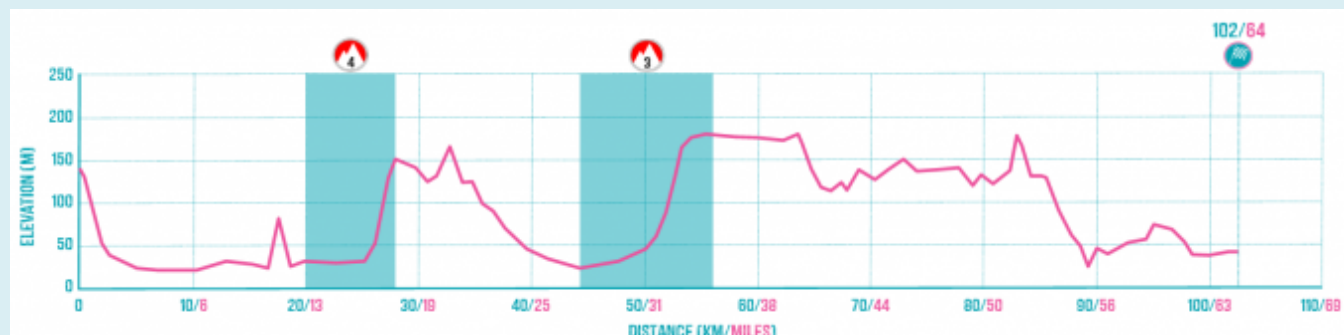
Day 3: Vernon – Paris

Our final day's cycling takes us once more on quiet roads through small villages and woodland to the banks of the River Seine; we cross and head south through shady forest to Versailles and its famous Palace. Crossing the Seine again, we enjoy a tranquil approach to Paris, through the quiet suburb of Boulogne-Billancourt, and continue on wide tree-lined boulevards, passing the Trocadéro and other famous city landmarks as we ride to our finish beneath the lofty arches of the Eiffel Tower. We check into our hotel and enjoy a great celebration to mark our

achievements. Night hotel.

Cycle approx 117km (73 miles)

ROUTE PROFILE



Day 4: Paris – London

After breakfast you are free to explore the city; why not go up the Eiffel Tower or visit renowned attractions such as the Arc de Triomphe, the Louvre and Notre-Dame Cathedral. You are responsible for getting yourself and your bags to the Gare du Nord on time for your afternoon Eurostar train back to St Pancras, where you will be reunited with your bike.

(Lunch & Dinner not included)

WHAT'S INCLUDED

- All transport from London to Paris by return (by ferry and Eurostar)
- All meals except where specified and accommodation on a twin share basis
- Discover Adventure leaders, mechanics and drivers
- Full vehicle support throughout the trip
- Maps and route information
- Women Ride Training Weekend included in the trip cost

WHAT'S EXCLUDED

- Any meals specified 'not included' in the itinerary
- Travel insurance
- Bicycle
- Cycle helmet (compulsory) and water bottles
- Optional Discover Adventure bike courier return service
- Personal spending money, souvenirs and drinks
- Transport around Paris on Day 5, and any optional sites, attractions or activities
- Any applicable surcharges as per Terms and Conditions



Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 28 Mar 2024, and the challenge is subject to change.