Yorkshire Three Peaks Weekend







ACTIVITY	ACCOMMODATION	CHALLENGE FACTORS	DURATION:	GRADE
Trek	Camping	Terrain	3 days	

This region was shaped by glaciers many thousands of years ago, and there are plenty of geological landmarks – striking limestone outcrops and unusual rock formations – to pique our interest as we walk. We will also see the famous Ribblehead Viaduct enroute, part of the scenic Settle to Carlisle railway line. This is an extremely tough event over hilly landscapes; at 24 miles it forms an enormous challenge for walkers.

This trip generates around **14 kg of CO_2 per person.** Because of our commitment to responsible travel, **we offset 100% of these emissions**.

DETAILED ITINERARY

Day 1: Arrive Camp, Yorkshire Dales

We meet late afternoon at our campsite near Chapel-le-Dale, nestled between two of our three peaks. After dinner and a thorough trip briefing we prepare our kit and get a good night's sleep, ready for tomorrow's strenuous challenge!

Day 2: Ingleborough & Whernside

After a good fuelling breakfast in camp, we set off, walking south through the broad green dale, criss-crossed with dry-stone walls. Ingleborough's stepped shape - due to its alternating layers of limestone, sandstone and shale – rises before us. Whernside, our second peak, dominates the landscapes behind us. We pass through the village of Chapel-le-Dale and soon reach the base of Ingleborough (723m), where a stepped path zig-zags fairly steadily to

the summit of our first peak. We soak up the views over the surrounding dramatic landscapes, an area of rocky outcrops and limestone scars, and the impressive sight of the famous 400m-long Ribblehead Viaduct, built in the 1870s.

We then descend along a ridge to the valley below, where we walk parallel to the Settle – Carlisle Railway, enjoying a flattish section! We pass through Ribblehead, at the head of Chapel-le-Dale, and can admire the Viaduct from close quarters.

From here we can also see the distinctive whale-back shape of Whernside (736m). We pass numerous limestone escarpments and outcrops; this amazing scenery provides wonderful motivation to keep our legs moving! We gradually begin our ascent, following a slabbed path all the way to the summit. The last section is particularly steep but our efforts are rewarded with the views – on a good day you can see across to Morecambe Bay on the west coast – and the knowledge that it's not far back to camp! After a short break we come down steeply off the mountain and trek the relatively short and flat distance to camp, where we enjoy a great evening meal in camp with our fellow trekkers. Night camp.

Trek approx. 12 miles (6-8 hours)

Day 3: Pen y Ghent; Depart

A short drive (15-20 mins) takes us to Horton in Ribblesdale, where we take the Pennine Way towards our third and final peak – the distinctive stepped outcrop of Pen-y-Ghent. As we ascend, we enjoy good views back towards Horton and across to yesterday's achievements: Whernside and Ingleborough. Clear, well-worn paths lead us quite steeply up to the summit; there are some steep stone steps too. We enjoy time at the summit (694m) to take in the views before taking a westerly path down off the mountain and loop round to Horton once more (exact route may depend on group ability), feeling pretty pleased with ourselves and our accomplishments! We say goodbye to the new friends we've made and the incredible scenery we conquered, and head home, taking a huge sense of achievement with us.

Trek approx. 6-8 miles (4-5 hours)

WHAT'S INCLUDED

- All accommodation at campsite, on twin share basis
- Group camping equipment
- All meals
- Transfers within trek
- Discover Adventure crew (number dependant on group size)
- Full vehicle support
- Optional pick-ups or drop-offs from Horton in Ribblesdale Railway Station
- **We offset 100% of the carbon emissions from your trip**

WHAT'S EXCLUDED

- Transport to / from the event
- Sleeping bag and sleeping mat

- Travel insurance (optional)
- Personal items such as drinks, snacks and souvenirs
- Entry to any optional sites / activities
- Any applicable surcharges as per Terms and Conditions

GRADE | ORANGE

All our trips are designed to provide a challenge. Trips are graded Yellow, Orange or Red, in increasing level of challenge. This trip lies within the **ORANGE** range.



The grade is determined by factors such as terrain, distance, climate, altitude, etc. Each colour grade has a **spectrum** which reflects the difficulty of these factors. Trip duration, accommodation and living conditions are also taken into account. Some sections will feel more challenging than others, but the grade reflects the overall trip. Unusual weather conditions can also have a significant impact.

The Accommodation icon indicates the living conditions while trekking/cycling. While there are usually several factors that present a challenge, the Challenge icon indicates the trip's most challenging element, for most people.

Trip grading explained

CHALLENGE INFORMATION

DETAILED INFORMATION

Leaders & Trip Support

Your trip will be led by experienced Discover Adventure leaders and support crew. Our leaders are selected for their knowledge and experience, friendliness and approachability, sense of humour and ability to safely and effectively deal with any situation that arises; they are also trained in first aid. You are in very safe hands with a Discover Adventure leader. The crew will have mobile phones and/or radios where appropriate, medical kit and other safety apparatus where necessary, as well as vehicle support.

Trip Safety

Your safety, and that of the rest of the group, is our highest priority. Our trips are designed and planned with safety in mind. Your crew will be equipped with appropriate communication devices (eg phones, radios), medical kit and other safety apparatus appropriate to the destination. Our leaders always have access to our 24-hour emergency UK back-up. They are responsible for safety on the trip, and will make any changes to the itinerary they deem necessary, should local conditions dictate. Pre-trip administration - such as medical questionnaires and travel insurance as appropriate - is all

done with your safety in mind.

Accommodation

We camp in a friendly, rural campsite ideal for walkers, in shared two-man expedition-style tents (ie sleeping-room only!)

Roomshare Arrangements

Our trips are sold on a shared accommodation basis, usually twin-share. Occasionally we may use hostel-style accommodation.
You can tell us if you are travelling with someone else on the trip when you book or within your passenger portal, and we will do all we can to accommodate this request. It is important that both people complete the room share request on their bookings. For customers booking and travelling together, including same-sex couples, a double bed can be requested if available.
If you're not familiar with anyone in the group, rest assured, we always pair you with someone of the same gender (as per the information you provided when booking, or passport markers), and a similar age where possible. We're actively working to improve our system's gender restrictions to be more inclusive, and we've recently made significant strides in this area. If you identify differently from the gender marker on your passport and would like to discuss this before booking, please feel free to reach out to us.

Single Supplements

In most standard hotels, we can usually offer a limited number of single rooms. This is upon request, on a first-come, first-served basis, and additional charges apply. In more communal accommodation, single rooms are rarely an option.

When it comes to tent sharing, we do not offer a single option unless there are exceptional circumstances, for logistical and safety reasons.

We do not charge a single supplement if you are a solo traveller in a shared room.

Food & Dietary Requirements

The food provided is plentiful and will give you plenty of energy. Where lunch is included, it may be a buffet-style lunch-stop, or a packed lunch. Dinners and breakfasts are generally eaten at our accommodation. Being vegetarian or having other dietary requirements is not usually a problem provided you let us know well in advance. If you know there are plenty of foods you cannot eat you may wish to bring extra snacks from home so you can top up your energy supply.

Luggage

Your main luggage will remain at our accommodation (camp, hostel or hotel as appropriate) and you will not have access to it until the end of each day. You should carry a small daypack for items needed during the day.

PREPARING FOR THE CHALLENGE

Challenge Grading

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Trip grading explained

Fitness Levels

This is designed to be a challenge, and it is vital that you train sufficiently for it. We will supply you with a thorough training guide once you have registered. We expect all participants to train hard in advance, but we respect everyone's limits and do not expect everyone to maintain the same pace. Inadequate training is likely to have an impact not just on your chances of completing the challenge, but enjoying it too - and we want you to have the time of your life!

Our challenges attract people of all levels of experience, fitness and ability as well as all ages and backgrounds. We design our challenges so that everyone can go at their own pace: this is not a race. If you have concerns about your fitness or if you have reduced mobility please do contact us for a confidential chat about whether this challenge is appropriate for you.

For logistical and safety reasons we sometimes need to re-group, so the front-runners may find themselves waiting for the slower ones. Please relax, and remember that this is a team effort that enables people to achieve their personal goals and earn sponsorship.

Terrain

We trek mainly on grassy and well-maintained gravel paths but there are some stony tracks and small tarmac roads; some sections may be muddy and wet. There are steep inclines both up and down. Distances are long given the terrain, so stamina is important to ensure you enjoy the full weekend.

Clothing & Kit

We plan our trips around the optimal weather conditions, but could still be exposed to bad weather at any time. It is vital

you are prepared for all conditions. We provide you with a detailed packing kit-list on registration, with plenty of information, and we are always available if you need advice.

Travel Insurance

Travel insurance for UK weekends and one-day events is not compulsory but you might like to consider taking out cover in case of cancellation or loss of belongings.

Once your travel insurance is arranged, just remember to let us know the policy number and 24-hr medical emergency phone number provided by your insurers.

Cancelling your booking

In the unfortunate circumstance that you need to cancel your booking, we would ask that you notify us in writing either by email or post. Your cancellation will be considered effective from the date the notice is received. Registration, administration and amendment fees are non refundable and, depending on your payment option and how close it is to your challenge departure date, you may be liable for a cancellation charge.

Full details of all cancellation charges may be found in the Terms and Conditions of booking.

Group Size

Your booking is part of a group challenge, and the tour costs and fundraising targets listed on our website are based on a minimum number of participants which is shown on the challenge Our typical groups run with approximately 15-25 participants; however you may find your group is smaller or larger than this.

We will confirm at least 12 weeks prior to departure that your challenge is guaranteed to run. Occasionally it may be possible to still run the challenge with less than the minimum numbers, subject to a small group supplement. If we think a small group supplement may be necessary, we will discuss this with you as soon as possible, usually 5 months before your departure date.

Minimum numbers and groups sizes may vary on Bespoke Charity challenges. If you are booked onto a bespoke challenge please contact your charity for full details.

Passenger Portal

We have a Passenger Portal which will give you more details of the challenge itself. It also enables you to see any outstanding information we need, the countdown to your challenge departure, see your outstanding balance, make payments and update your contact details. You can access this via the following link - Passenger Portal Log in.

Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 14 Nov 2026, and the challenge is subject to change.